



News Notes

#1129 A weekly bulletin for residents of Auroville 30 April 2026



Photo by Agni

Pondering



464—God has so arranged life that the world is the soul's husband; Krishna its divine paramour. We owe a debt of service to the world and are bound to it by a law, a compelling opinion, and a common experience of pain and pleasure, but our heart's worship and our free and secret joy are for our Lover.
465—The joy of God is secret and wonderful; it is a mystery and a rapture at which common sense makes mouths of mockery; but the soul that has once tasted it, can never renounce, whatever worldly disrepute, torture and affliction it may bring us.

Sri Aurobindo, *Thoughts and Aphorisms*

For the moment, the world still seems to be in contradiction with the pure and luminous divine joy; but a day will come when the world too will manifest this joy. This is what we must prepare it for.

Mother's Explanations,
9 April 1970

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House of Mother's Agenda



(continued from last week)

That's an ever-present experience.

But this is still a period of preparation; the best thing to do now is to look and look and look again, observe and observe and observe again; and to have experiences, lots of experiences, because all that is nothing—the thing ITSELF must be grasped. We've got to catch the tail of the true functioning, so it can be substituted for the other at will. That's it exactly.

And that requires minute-to-minute observation.

Someone reads me a letter, for instance, and I have to answer; and there, superimposed, are both functionings: the ordinary reaction coming from above (nothing from here: it comes from above but it's the ordinary reaction)... and if I follow that and start writing, after a moment comes a kind of sensation that it's inadequate; and then there's the other functioning which is not yet (what's the word? I should be speaking in English!)... handy, not yet at my disposal. I have to keep myself quiet, then it starts operating [the new functioning]. But when there's something to be done, the two are superimposed and I have to keep the old one quiet for the other to come. And the other one... ohh, it has some unexpected ways! I answer a letter, for example, or I want to say something to someone: my old way is an expression of what comes from above (it is luminous enough, but ADAPTED)... but then there's that sensation of inadequacy—it won't do. All right. I step back and something else comes; and what comes, I must admit... it's enough to drive people crazy! It's so MUCH SOMETHING ELSE!

I wrote a letter like that yesterday; I took a piece of paper and wrote in my habitual way, my old way. While I was writing, the feeling that it wasn't right came in; then I added a comment, written in the same manner, with the vision from above (a comment on a letter written by the person I was writing to). When that was done, the feeling of inadequacy lingered, so I took another piece of paper—it was blue—and wrote something... and that still wasn't it. So I ended up taking yet another piece of paper and writing something else again... then I put all three in one envelope! I hope that person has a solid head!... But at the same time something was telling me, "It will do him good"; so I let it go.

It happened yesterday—I don't yet know the outcome!

So that's how things are for me. It may happen to you one day, too, so (laughing) you'd better be careful!

It's obviously a very good test of people's trust, because without trust they would.... For someone who doesn't have my experience, it all appears like first-class incoherence! Oh, it can be explained (everything can be explained! It's not beyond all explanation), but it is a bit disconcerting at first glance.

Anyway....

There you are.

But don't waste your time noting all this down.

Why not! It's well worth doing—these are the stages.

So see you Saturday—or is that too soon?

As you like.

Listen, after everything I've just been telling you, where's the "I like" in all this? (Mother laughs.)

No, I mean you are the one who has to see and decide.

I would like you to write your book.

It's progressing... not rapidly.

If I didn't tell these things to you, they would all vanish, and that's a fact. Because I have no opportunity to tell them to anyone else—as you can well imagine! Tomorrow there will be something else and something else again the day after, and it all recedes into the past and has none of the relevance the present has for me.

Yes, for YOU it has no relevance—but what about the rest of us!

Well then, for it to be kept I have to see you.

Yes, exactly!

If I don't see you, it won't be kept. The results remain, but the experience itself vanishes.

That would be a shame. But I can easily come more often, if for you it's not....

(Mother takes Satprem's hands)

(to be continued next week)

The Mother's Agenda, June 27, 1962

<https://incarnateword.in/agenda/3/june-27-1962>

Gangalakshmi HOMA



Townhall Speaks

LAUNCH OF AUROVILLE JOB PORTAL on Auronet

We are pleased to announce the launch of a new Job Portal on Auronet, developed in collaboration with the Web Services and HRS (Human Resources Service), Auroville.



This platform is designed to streamline the recruitment process within Auroville:

- HRS can post available job opportunities directly on the portal.
- Aurovilians and Newcomers can browse the job listings and apply for positions online.
- The HRS team will review applications, shortlist suitable candidates, and coordinate the selection and placement process.

For Auroville Units

Units interested in posting job openings are welcome to join. Please contact Web Services to request access and get onboarded.

This initiative aims to make job opportunities more transparent, accessible, and efficient for the entire community.

Application Management: All applications submitted for a job will be visible to the respective job owner under the job post, including applicant details and resumes for easy review and selection.

Trial Run Phase: The portal is currently in a trial run phase. During this period, we will actively monitor its usage and performance.

Ongoing Improvements: Based on feedback and experience, continuous updates and improvements will be made to enhance functionality and user experience.

Portal Link: <https://auroville.org.in/jobs>

Contact for Access & Support:

- webservices@auroville.org.in
- webed@auroville.org.in
- auronet@auroville.org.in

From Mass Bulletin

SURVEY:

Single women and single women with children



*No life can be successful
without self-discipline*

Town Hall complex, Administrative Area, Auroville

As part of a community support initiative, a survey has been launched to gather information about single women and single women with children within the Auroville community. If you belong to this group, or know someone who does, you are kindly invited to fill out the form through the link provided below:

- <https://aiis.auroville.org.in/auroville-women/new>

The information collected will help us better understand the needs within the community and explore appropriate forms of support.

All details shared will be kept strictly confidential and used solely for community support purposes.

Thank you for your time and contribution.

Sai Suresh for HRS team

GUEST REGISTRATION SERVICE

Summer Schedule

9:30—12:30, Monday to Saturday

Guest Registration Service at Town Hall will be open only in the mornings during the month of May 2026 and closed in the afternoons.

grs@auroville.org.in

Rajeswari for Guest Registration Service Team

Community News

Obituary

REMEMBERING ILSE

on 5 May 2026, 20th Anniversary

My dear friend, now it is already 20 years passed away with your beautiful memories. Again and again I thank you for all your Support for me and taking care of my children. You were always open to listen to me. I can lean on your shoulder and cry if I have any difficulties. This I am missing a lot.

Raji

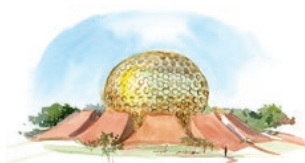


Matrimandir News & Schedules

MATRIMANDIR ACCESS INFORMATION

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of silence.
- The Park of Unity is open to Aurovilians and registered Newcomers:
 - daily, 6am—7:30pm.
- Aurovilians may bring close family and friends (maximum 3) to the Gardens only:
 - daily, 9am—3:30pm.
- Aurovilians bringing children under the age of 10 to visit the Gardens may do so only after 11.30am except Tuesday when they can come from 9am—11am.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform
 - mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, Registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Tuesday evenings: Guests holding only Aurocards wishing to attend should book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance.
- Visits to the Park of Unity and Inner Chamber should not be included in the program of any conference or workshop. Participants should be directed to the Viewing Point.



Access to the Inner Chamber of the Matrimandir for Aurovilians, Newcomers and registered Volunteers

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday, 6—8am, 4:30—7:30pm.
- Sunday, 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to **registered Volunteers**:

- Every day, 4:30—6pm.
- Volunteers are requested to come and get their revised passes between 10—10:30 am from the Matrimandir office.
- It is obligatory for the volunteers and pass holders to carry the pass with them.**

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 3 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in.

- Any day except Tuesday & Sunday, 8—8:25am.
- Arrival at 7:45am at the Office Gate

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in.

- Tuesday 8—8:30am.

Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: Daily 7—8am, 5—6pm.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point:

The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of charge. Free pass can be obtained at the Auroville Visitors Centre. The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.

- Starting from Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org.

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Security. Please note that it is not permitted to

- Swim in any of the ponds, the channel and the Lake except the Children's ponds in the Garden of Youthfulness
- Throw pebbles into the ponds and fountains
- Pick flowers in the Gardens
- Climb to the very top of the Petals.

Parents, please supervise your children at all times.

Bags, cameras and cell phones should be left in the lockers or the Access office.

Please no photography, videos or drones without prior permission. For permission, please write to

- matrimandir@auroville.org.in.

Antoine
for Matrimandir Executives Team

AMPHITHEATRE:

Meditations at sunset with Savitri

- 6—6:30pm, every Thursday, weather permitting

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music is on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- Guests with Aurocard** wishing to attend must book by filling in the form at <https://bit.ly/savitri-reading> one or two days in advance. Please bring your Aurocard with you.
- Access by Office Gate for the Amphitheater only** from 5:15pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 5:45pm. Access limited for guests to the Amphitheatre
- Last exit for guests** at 6:45pm.

Velmurugan

Awakening Spirit

SAVITRI BHAVAN, MAY 2026



Exhibitions

9am—5pm, Sunday closed

- Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- Glimpses of the Mother:** Photographs and texts in the Square Hall

Films: Mondays, 4pm

- 4 May: About Savitri—Book 1: The Book of Beginnings, Canto 4—The Secret Knowledge, Part 1—**read and commented by The Mother.

From January 1968 to August 1970, The Mother, together with Huta, took up the project *About Savitri*. The Mother read lines from Sri Aurobindo's epic poem *Savitri* and gave her commentaries that were tape-recorded. Her reading of *Savitri* and her commentaries are given here under the headings: *The Promise of the Future*, *The Experiences of Contact with the Divine Reality*, and *The Master Clue and the Master-Key*. The texts of *Savitri* and of The Mother's commentaries are displayed on the screen. Duration: 30min.—Earlier, The Mother expressed her wish to explain *Savitri*. She said: "*Savitri* is occult knowledge and spiritual experience. Some part of it can be understood mentally—but much of it needs the same knowledge and experience for understanding it. Nobody here except myself can explain *Savitri*. One day I hope to explain it in its true sense."—The Secret Knowledge of Book 1, Canto 4 of *Savitri* is the secret knowledge King Aswapati acquires as a result of his yogic progress. It reveals in sublime mantric words deep insights into the evolution of earth and the progressive unfolding of the Spirit out of the density of material consciousness.—The knowledge and growth of consciousness are always unfolding and widening. Sri Aurobindo expressed this in *Savitri* with the following words:

*This world is a beginning and a base
Where Life and Mind erect their structured dreams;*

An unborn Power must build reality.
A deathbound littleness is not all we are:
Immortal our forgotten vastnesses
Await discovery in our summit selves;
Unmeasured breadths and depths of being are ours.

Savitri, p.46

The Mother commented that “for centuries none took care to give to the body the right Consciousness, but now this Consciousness has come down upon earth and is working to give to the body that same experience as many have got already in the mind, and the aspiration towards the true self and the true life which depends on a higher and more divine Consciousness. The time has come when this marvellous change can be effected and we must hope that many will take advantage of this exceptional hour.”—An important point is that the consciousness of man has to be liberated from the slavery to the outward appearance of things.

Some human beings have been doing this for centuries, coming in contact with their soul and preparing the material world for the manifestation of a higher Consciousness, considering that “Our souls can visit in great lonely hours / Still regions of imperishable Light... / And calm immensities of spirit space.” (Savitri, p.47)—Another insight is that all the potentialities of new creation are already present in man and nature: they are only waiting for the light to come from above and the aspiration and growth of consciousness from below to start their long processes of transformation.

The Mother communicated that “little by little these possibilities take shape and become living realities.

“We are approaching the time of one of these new revelations, and the world is preparing for this eventful manifestation, which will be more true, more luminous, more divine.”

And further: “When we withdraw from the surface and look inside with the subtle eyes, we see what is the goal of the world and the transformation through which it will be realised.”—All videos of “ABOUT SAVITRI—The Mother’s Commentary” are available on the AuroMaa website:

<https://auromaa.org/about-savitri-the-mothers-commentary/>

The short video of the series About Savitri | B1C4-01 The Promise of the Future is available at:

<https://auromaa.org/about-savitri-b1c4-01-the-promise-of-the-future-pp-46-47/> and on YouTube.

- **11 May: About Savitri—Book 1: The Book of Beginnings, Canto 4—The Secret Knowledge, Part 2**—read and commented by The Mother. The Mother read lines from Sri Aurobindo’s epic poem Savitri and commented on them. The readings and commentaries are here under the headings: The Surface Vision of Man, The Earth-Goddess’ Toil, and The Promise of Heaven. The texts of Savitri and of The Mother’s commentaries are displayed on the screen. Duration: 29min.

Full Moon Gathering

- **Friday, 1 May and Saturday, 30 May, 7:15—8:15pm** in front of Sri Aurobindo’s statue

Guided Yoga Nidra sessions

- **Every Tuesday, 11am—12noon**
@ Sangam Hall

Guided Yoga Nidra session, infused with the wisdom of The Mother and Sri Aurobindo and accompanied by a deeply restorative sound journey. This is a sacred space for deep inner rest, alignment and receptivity. As part of the practice, we invite you to prepare a Sankalpa—a short, positive sentence that serves as a crystallization of your spiritual aspiration. Please arrive a few minutes early.

Things to bring: A yoga mat if can or cushions are available to lie down.

Conducted by Sunny and Team

Dream Divine Series

- **Fridays, 4—5pm @ Sangam Hall of Savitri Bhavan**
Everyone is welcome

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville’s vision, life, and reality.

- **8 May: More Insights into Integral Yoga, presentation**

Ela will give a talk on ‘More Insights into Integral yoga. It will happen for one and half hours. She would start with Integral yoga, and end with How to be a True Aurovillian.

Listening into Presence

- **Every Wednesday, 5—6pm @ Picture Gallery**
- **Every Saturday, 4—5pm @ Square Hall**

Through stillness and silence, we will tune into the Presence, noticing its activity in our physical and subtle bodies. Letting go of our mind and ego automatism we will open up into the deeper automatism that is beyond our doing and thinking. We will seek to enter into a state of receptivity by not doing, getting ourselves out of the way to allow the Consciousness to bring about the right organization and balance of particles and energies. Guided by Misha (Mike).



Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Savitri Bhavan, Auroville, invites scientists, philosophers, and researchers worldwide to an online contemplative study of Sri Aurobindo’s Savitri. The program began on 15 August 2025, focusing on selected cantos from Part One of Savitri. Bi-weekly sessions combine guided reflections (via Shradhdhavan’s recorded talks) with interactive discussions. Participants can choose to contribute actively or simply listen.

Fields invited include Space Science, Evolutionary Research, Quantum Physics, Mathematics, Metaphysics, Neuroscience, and Philosophy.

To register or learn more: savitribhavan@auroville.org.in

- www.savitribhavan.org

Light and Delight

- **Thursdays, 5—6:15pm @ Savitri Bhavan**



Thursday is symbolically an auspicious day for learning and for welcoming the light of knowledge and wisdom.

The Mother called Savitri “the supreme revelation of Sri Aurobindo’s vision”. She painted lines from this epic poem along with Huta, a sadhak from the Sri Aurobindo Ashram. Through this art and poetry, we will create an atmosphere of light and delight in which we can find and share our own expressions.

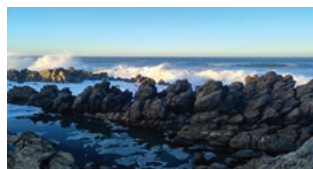
We welcome you to join this artistic and poetic journey; the only requirement is a willingness to explore, discover and express the gifts already in you.

Gentle reminders: Bring paper and pen, Come on time or 5-10 minutes earlier, Meet at Sri Aurobindo’s statue, Voluntary contribution to the venue.

Anandi Z.

Reading on Nature

Animal and Plant Kingdom from the Mother and Sri Aurobindo's writings with Aikya. Open group, eventually followed by small discussion/ sharing.



- **Wednesdays, 10:30—11:30am,**
@ Savitri Bhavan Library area

Regular Activities

- **Sundays, 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays to Saturdays, 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Wednesdays, 5—6pm & Saturdays 4—5pm:** Listening into Presence led by Misha (Mike)
- **Thursdays, 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays, 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Saturdays, 5—6:30pm:** Satsang led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm. *Margrit, Velmurugan & Dhanalakshmi*

AUROVILLE DISCOVERY PROGRAM

Every 3rd Saturday, 3—5pm

Work as a means of Inner Discovery

Aware is hosting a monthly Auroville Discovery Programme for volunteers, staff, and workers who wish to better understand Auroville's purpose, the spirit of work, and meaningful participation. **Includes** a short film, practical orientation, a talk by a seasoned Aurovilian, and open dialogue.

- Registration required: [Form link](#)

Sajiv for Aware Auroville

Monisha

BHAGAVAD GITA CHANTING

- Every Sunday morning, 7—8am
- @ The Mother's Flower Garden

All are welcome

For queries: vidyamandir@auroville.org.in

Deven for Vidyamandir Auroville Team



Land for Auroville

ACRES FOR AUROVILLE 24 April 2026 Newsletter



A4A's new issue marks the special day of April 24, 1920—the date of The Mother's final return to India and the start of her intensive spiritual work with Sri Aurobindo. Our six articles weave together the progress of land consolidation, additions to Auroville's life built on its land, the profiles of two dedicated Aurovilians and their work in the areas of vital community service and artistic creativity and education, along with quotes from The Mother on aspiration. Our solidarity action is the only source of financing for Auroville's crucially-needed land consolidation and protection. We are happy to report that in the two months since our last newsletter, 30.87 new acres have been registered, paid for by Acres for Auroville—all thanks to your generous support!

<https://land.auroville.org/acres-for-auroville-a4a-april-2026-newsletter/>

1. The Acres for Auroville Flier—24 April 2026

One thing unites all who come to Auroville—it is aspiration, that seeking for something higher and the possibility of making this something higher a reality. Auroville gives us the opportunity to manifest our individual and collective aspiration for this goal, here, on its physical land, designated for this purpose. But this is not limited to Auroville's space—for Auroville is meant to be a place of positive contagion for the world, showing what aspiration can do. Version française en pdf, tamil in pdf.

<https://land.auroville.org/the-acres-for-auroville-flier-24th-april-2026/>

2. The LFAU Letter—24 April 2026

24 April celebrates a pivotal moment in human history: the 106th anniversary of the Mother's final 1920 arrival in Pondicherry. It was, she said "... the tangible sign of the sure Victory over the adverse forces." The Mother's founding of Auroville is a part of this profound spiritual "certainty, for just as the Mother's physical presence in 1920 anchored the new evolutionary force on earth, the consolidation of Auroville's physical land anchors Auroville's lofty ideals into the material plane. Version française en pdf, tamil in pdf.

<https://land.auroville.org/the-lands-for-auroville-unified-letter-24th-april-2026/>

3. La Petite Epicerie—a New Community Service on Auroville's Land

28 February, Auroville's birthday, saw the joyful opening of Sunship's 'La Petite Epicerie' ('The Little Grocery Store') inaugurating this beautiful space created with an aspiration for collective participation. Situated in the Habitat Zone of the City Centre, it serves the residential communities of the area and the surrounding neighbourhood. It has been a story of dedication by the team of Louis, Anandi, Arul and Ananda, who patiently bore several years of hurdles to be able to offer this service to the community.

<https://land.auroville.org/la-petite-epicerie-a-new-community-service-on-aurovilles-land/>

4. From Integral Education To Action Research: A Journey, A Perspective, By Sriji Roy

Sriji first visited Auroville at age 4, the first of many family visits over the decades. After studies at the Ashram School in Pondicherry, she moved to France, doing her thesis at the Sorbonne in Sociology and Action Research. She then worked with European and international associations in the fight against human and drug trafficking and domestic violence. Settling in Auroville in 2008, her first work was at the Matrimandir Donations Office, then as a police liaison for the Safety and Security team, and now as first dispatcher for Auroville Emergency Medical Services. Committed to the Auroville Dream, she seeks to put in practice The Mother's words on "work done as an offering to the Divine".

<https://land.auroville.org/from-integral-education-to-action-research-a-journey-a-perspective-by-sriji-roy>

5. Conversation with an Artist, Marie-Claire Barsotti

'For as long as I can remember, drawing has been my oxygen and my quest for Being has been ever-present since childhood.' Discovering Auroville in 1992 was an extraordinary key, 'a remarkable opportunity to explore and express every facet of my being in service of Consciousness.' In this second article in Art for Land's 'Conversation with an Artist' series, Aurovilian Marie-Claire shares her aspirations and approach to the creation of art in various media. In addition to her art and exhibitions, she is an early childhood teacher at Auroville's Oli School and does art therapy with adults. She says, 'Art is a living dialogue between Matter and Spirit'—one that can 'provoke a spiritual transformation.' (In English and in French)

<https://land.auroville.org/conversation-with-an-artist-marie-claire-barsotti/>

6. Inspiring Quotes: The Mother on Aspiration

'This taste for supreme adventure is aspiration—an aspiration which takes hold of you completely and flings you without calculation and without reserve and without a possibility of withdrawal into the great adventure of the divine discovery, the great adventure of the divine meeting, the yet greater adventure of the divine Realisation.' We are pleased to present The Mother's instructive messages on aspiration for the period 1934—1956. One was her 1955 message: 'Keep the fire burning steadily and wait quietly for the sure result ...' the result which did come, on 29 February 1956.

<https://land.auroville.org/inspiring-quotes-the-mother-on-aspiration/>

We sincerely thank all the donors, artists, and supporters who have made our progress possible. May we continue on together till the job of land consolidation is done!

- **Contact:** lfau@auroville.org.in, +91 4132622657
- **Donating:** <https://land.auroville.org/new-banking-information/> and <https://land.auroville.org/>
- **Photo:** Lalit Bhati Mandakini for the Team

Books



Laboratory of Evolution Library

Opening Monday to Saturday 9am to 12 am
Tuesday, Wednesday, Friday & Saturday 2:30 pm to 4:30 pm



Focused on the evolutive vision of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotericism, Sciences, NDE, Body Consciousness, Health etc.

The complete works of Sri Aurobindo & The Mother are available in many languages, also books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD

Open for Aurovilians, Newcomers, Volunteers, & Guests

Located at HORIZON, in front of SVE DAM, Lorenzo Food Laboratory

AUROVILLE LIBRARY SUMMER HOURS

Weekly Readings of The Life Divine



Weekly Readings of The Life Divine
with Balvinder, at AUROVILLE LIBRARY

Fridays, 4:30 - 5:30pm
(From 23 January 2026)

All are welcome.

Contacts:

- 0413 2622894, avlib@auroville.org.in
- <http://library.auroville.org.in/>

Opening timings

Summer at the Auroville Library
Closed FRIDAY 1st May 2026

Our summer timings begin on
Saturday 2nd May - Tuesday 30th June 2026

Open 9am - 12.30pm Monday to Saturday
Open 4pm - 6.30pm Tues, Thurs & Sat

Wishing everyone a cool summer!



Children's Storytime! All ages welcome!

- Every Saturday,
10—11 am.

Ayesha
for Auroville Library team



Education

LEARNING SPACE opens doors for kids

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools.



A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students. Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15—8:45am
- Pick up time 3:30—4:40pm (by the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways.

- For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey

STEAM SUMMER CAMP

All weeks in May, Monday to Thursday, 2—4pm
@ Deepanam School. Ages 7—12



This Summer, Begin Your Adventure Quest! Dive into a world of fun, hands-on STEAM adventures filled with exciting challenges and creative experiments. Explore new ideas, build amazing creations, and discover something new every day! Unleash your imagination, solve thrilling missions, and turn your ideas into reality. A summer full of adventure, learning, and endless possibilities awaits!

• **To register:** 9047705400 WA, Prema *Abilash*

PRANASHAKTI

Auroville Centre for Vital Education

Upcoming Sessions: 6—24 June

@ Pranashakti Hub (previous Aurofilm office)
Next to CRIPA, Kalabhumi Community

Programs open to residents, with priority for Auroville students and teachers:

- Read, Tell, and Listen to Stories—connecting the threads of our lives, by Anandi
 - **Fridays, 8, 15 May and 3, 10 June, 4—5:30pm**
- Make Your Own Cards & Bookmarks by Anandi:
 - **Wednesdays, 4:30—5:30pm**



Participants are requested to have a genuine interest and commit to attending the full session.

- Children below 10 years old must be accompanied by an adult.
- No walk-ins.



To register: QR code attached. *Shaily for Pranashakti*

CORPORATE SUSTAINABILITY & UI/UX DESIGN

@ Yuvabe Education's Bridge Program
3-Month Courses

We're excited to announce two new opportunities for young adults in the Auroville Bioregion! Yuvabe Education's Bridge Program is launching **two completely free 3-Month Courses, starting September 2026:**



- **Corporate Sustainability**—Gain in-depth knowledge in climate action, ESG, circular economy, and corporate responsibility. Work on hands-on projects and learn from sustainability experts.
- **UI/UX Design**—Learn design principles, wireframing, and prototyping. Build practical skills through projects and create a portfolio to showcase your abilities.

Both programs are completely free for students and designed to prepare participants for meaningful careers. Top performers may also be eligible for internships with Yuvabe.

• [Apply now](#)

Course details:

- Course fee: Free
- Course launch: September 2026, duration 3 months

- Venue: In-person at Saracon, near Svaram, Auroville

For more details:

Flyer: [Flyer link](#)

Visit Website: <https://www.yuvabe.com/bridge-program>

Contact Us: 9677604467, bridge@yuvabe.com

We look forward to connecting with you!

Follow us on social media:

Instagram: <https://www.instagram.com/yuvabe.auroville/>

Facebook: <https://www.facebook.com/yuvabe.auroville>

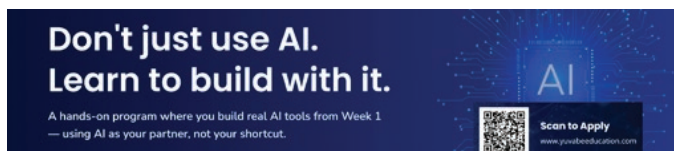
Linkedin: <https://www.linkedin.com/company/yuvabe/>

Youtube: <https://www.youtube.com/@yuvabe.auroville/>

Abilash

3-MONTH AI PRODUCT DESIGN PROGRAM

applications open until 3 May, 2026



We're excited to introduce a new opportunity for the Auroville bioregion:

- Yuvabe Education's Bridge Program is launching a **3-Month AI Product Design Program, starting May 2026** (applications open until May 3, 2026).

About the Program

This is an in-person, project based, full-time program designed for learners who want to go beyond theory and understand how to build real AI-powered products.

Instead of passive learning, participants will:

- Build AI applications from the first week
- Learn product design and user-centric thinking
- Work on real-world use cases
- Develop portfolio-ready projects
- Receive mentorship from experienced practitioners

Program Details

Course Fee: Full scholarship available for deserving candidates

- **Start Date:** May 18, 2026
- **Time:** 9am—5pm, 3 months
- **Location:** Yuvabe, Saracon Campus, Auroville (Offline)
- **Application Deadline:** May 3, 2026

If you or someone you know is looking to start building with AI, we'd love to connect.

- [Apply Now](#)—[Flyer link](#).

Abilash

SATORI: EDUCATIONAL SERVICES

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

*Sergei, 9442934078,
satori.auroville@gmail.com*

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
- **Crash course** available for 10th and 12th grade level.
- **For further information** contact
 - ashree@auroville.org.in
 - 8270512606 WA only.

Ashwini

GRANT PROPOSALS 2026, FWE AND SDZ

Aurovilians are invited to prepare and submit grant proposals for possible funding by Stichting De Zaaier and the Foundation for World Education in the second half of 2026.

A grant application form and budget request table are available on request from abundance.pcg@auroville.org.in for this purpose. You are encouraged to send in a draft version of your proposal before finalizing the application.

Following the procedures set up by the Foundation for World Education and Stichting De Zaaier, proposals will be checked to ensure that the grant request falls within their funding criteria and then forwarded to them to be reviewed for selection and grant allocation by their Board members.

Please note that *funds are not available for infrastructure, buildings or transport*. Requests for equipment will be considered if specifically required for the implementation of the project and are not already available in Auroville.

NB Both SDZ and FWE have indicated a preference for the funding of projects and activities for which the maintenance of Aurovilians is either covered by Auroville or from a source other than the grant being requested.

Please note that if you are submitting a proposal that has anything to do with Auroville or Auroville Outreach schools, or, students of any individual classes, your proposal is to be reviewed by all concerned School Boards prior to being submitted. (Please contact any individual schools mentioned in your proposal before submitting it to the School Boards.) It is important that all the relevant bodies (i.e. schools, teachers, school boards, etc.) are aware of your project and support it. In this way, the donors will know that such requests have the support of schools and thereby have a greater impact on the beneficiaries of the project.

Important to note: If you have already received funding for a project through Abundance PCG please send in a progress report/status update (if project is ongoing) or final report (if project has been completed or all funds have been utilized) before making an application for new grant.

For more information, assistance or a grant application form and budget request table, please write to:

- abundance.pcg@auroville.org.in

Pala,
for Abundance PCG

RADICAL TRANSFORMATIONAL LEADERSHIP in Tamil 2026

The program is designed at three levels

1. Enhances self-awareness and personal potential
2. Enhances ability to see underlying patterns that result in recurring problems and
3. Enhances ability to design and implement equitable and enduring solutions so each one can live a life at full potential.

Session 1: 9 and 10 May, 9am—4:30pm

Session 2: 6 and 7 June, 9am—4:30pm

Context: The program helps participants to get in touch with their individual potential/greatness, building efficacy, clarity, and harmony while transforming negative patterns towards a life of well being at full potential. The program provides tools for participants to solve problems with value-based solutions while addressing underlying patterns that give rise to the problems.

For more information please contact:

- Vishnu at stewardship4newemergence@auroville.org.in 8807968861 or [register on this link](#)

Bridget, Helena and Sanjeev

LILALOKA

"A place where play transforms, where joy opens the path."—Sri Aurobindo

Lilaloka is a recreational and resource center for children, dedicated to personal development through play and creativity. It offers both individual and group experiences in a non-competitive, non-judgmental atmosphere, fostering connection between schools, families, and children for their overall well-being.

"Each individual is a special manifestation in the universe; therefore, his true path has to be absolutely unique."

Lilaloka welcomes all children—Aurovilians, guests, home-schoolers, and those with behavioural, relational, or learning challenges. Activities include cooperative games, arts and crafts, nature exploration, storytelling, drama, and more.



Activities 2026

Lilaloka offers both **individual** and **group** sessions, guided by a team of facilitators specialized in various fields of child development.

Nesters

- **Once a week, age: 0—12 months, parents and babies together.**

A nurturing space supporting early bonding and holistic growth—focusing on trust, emotional well-being, and sensory connection between parent and child.

- **Two times per week (or as per group needs), age: 1—2 years old, with parents**

Sessions that support healthy attachment and conscious parenting, helping parents respond with empathy, presence, and understanding.

Infants' Community

- **Daily mornings, age: 1½–3 years**

A warm, thoughtfully prepared environment inspired by Integral Education, Waldorf, and Montessori principles—encouraging independence, curiosity, and self-discovery through play, movement, and nature.

Free-Flow Mornings

- **Three times per week, open mornings to all children aged 5+**

Child-led learning through art, nature play, storytelling, science, and hands-on projects—encouraging curiosity, creativity, and a love for discovery beyond structured schooling.

Afternoon Activities

- **Twice per week, age: 3–6 years**

A holistic space fostering intellectual, emotional, physical, and spiritual growth through play and creative exploration.

- **Once per week, children 6–11 Years**

Focused on developing fine motor skills, creativity, and concentration through arts and crafts.

Occupational Therapy and Individual sessions

- **By appointment**

For both schooled and non-schooled children, in collaboration with parents and educators.

Research and Training

Lilaloka shares its experience through workshops and training programs for students, educators, and researchers—both from Auroville and around the world—with a special invitation to Indian education researchers.

For more information:

- lilaloka@auroville.org.in, 9655519546 WA

Ana, Ritam and Leela

KUILAI CREATIVE CENTRE REGULAR ACTIVITIES

(A unit of SAIER)

- Tuition from 1st to 9th grade
- Silambam—Martial Art Programme
- Bharat Naattiyam—Classical Dance Activities
- Hip-Hop
- Physical Fitness Activities
- Summer Camp in May
- Art & Craft
- Children's Play Park with Swings, Calisthenics set, and a Slide.
- Make and Take on Mother's 12 Quality Programme (Art & Craft, Book Making, Embroidery, Gardening, Painting, Calendar Making and Tailoring Activities).

Please contact us to inquire about the class timings.

• kulaicreativecentre@auroville.org.in

• +91 8608473385 WA

Selva from KCC



Health Care

MORNING STAR

Office Open House

- Every Saturday, 10am—12pm

We are happy to announce that the Morning Star office will now be open to the community for an Open House. You are welcome to drop in anytime during these hours to learn more about Morning Star's work, receive updates on the building progress, and book appointments to meet with the midwives during clinical days.

- The Morning Star office is located @ Arka Guest House (next to the reception).
- For more information, please visit: www.aurovillemorningstar.org.

Childbirth and Pregnancy education

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted in both English and Tamil

- Wednesdays, 5—7pm @ Creativity—Hall of Light

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us. If you would like more information or to join the class, please contact:

- Magesh: +91 9486609821
or morningstar@auroville.org.in

Little Red Feet—Baby Play and Support Group

- @ Humanscapes, Common Hall
- Monday, 10am—12pm: Newborn support circle by Rotem for ages 0—1
- Wednesday to Sunday, 9am—12pm: Play and Support Group for ages 0—2

We warmly invite you to our baby play and support group, a nurturing space created especially for parents and babies. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, non judgmental space for growth, encouragement, and community.



- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

- Rotem: +91 8056888715

- Aditi: +91 9130084284

Submitted by Savithri



Santé

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- **No** sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment: Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Ezhil & Archana, Daily: no appointment needed
Ayurveda with Dr. Be: Monday/ Tuesday/ Wednesday/ Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy with Galina: Monday to Friday	Physiotherapy with Arun: Monday to Friday
Midwifery & GYN Care with Paula: Monday & Wednesday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Holistic Therapy with Louis Patric—Monday to Friday	Soundbed Session with Sandhya/ Thilagam: Not available
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminSanté@auroville.org.in	Home Care Contact Santé for timings: Physiotherapy w/ Arun Doctor Consultation w/ Dr. Sana

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services

MAATRAM

Maatram offers OCH Open Consultation Hour

- Monday—Friday, 9:30—10am



Addiction Recovery sessions

- Every Tuesday, 3:30—4:30pm
- @ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as

- alcohol, cigarettes, tobacco, marijuana, coffee, sweets
- and addictive behaviours related to use of: smart phones, social media, video games, eating, porn and gambling.

Megha, Raam & Palani

AUROKIYA INTEGRAL EYE CENTRE

Eye Care Services @ Arka

Aurokiya provides a range of eye care services for Auroville and the bioregion. **Available services:**

- Primary & emergency eye care,
- Spectacles & contact lenses,
- Eye Yoga & Vision Therapy,
- Workplace & community outreach eye camps,
- Support for visits to Aravind Eye Hospital



New services:

- Retina imaging,
- Intraocular pressure (glaucoma) monitoring,
- Red Light Therapy for eyes,
- Dry Eye Therapy

Timings:

- 9am—5:30pm,

Contact:

- 9488005685

Aurosugan for Aurokiya

AURODENT CLINIC

@ Auromode

We are pleased to inform you that Dr Aravind Anto (MDS—Oral and Maxillofacial Surgeon) will now be available at Aurodent Clinic. He will be providing specialised treatments, including: Dental implant placement; Wisdom tooth extractions; Other complex extractions



Appointments can be booked directly at Aurodent Clinic.



For appointment

- +91 9629199328 WA,
- 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode



Jayasutha

International

UNITY PAVILION PRESENTS

May Events

Day-Time	Venue	Event Details
Monday, 5—6pm	Hall of Peace	12 Qualities Meditation with Jaya: A guided meditation to awaken and embody twelve soul qualities such as peace, sincerity, gratitude, and aspiration for inner growth and harmony.
Tuesday, 5—6pm	Hall of Peace	The Earth Peace Meditation with Jaya—Connect deeply with the consciousness of the Earth, grounding yourself in stillness, balance, and a living sense of oneness with nature.

Wednesday, 5—6pm	Hall of Peace	The New Paradigm—Golden & Rainbow Heart bridge Meditation with Preeti: Explore a shift in consciousness beyond old patterns, opening to a new paradigm of unity, higher awareness, and conscious evolution.
Thursday, 5pm	Hall of Peace	Silent Meditation by Pierre: Tune into your psychic self and enter deep inner peace, silence, and calm for inner awakening and self—discovery.
Friday, 5—6pm	Hall of Peace	Peace Meditation by Pierre: Rest in the vibration of peace through silent inner concentration, awakening the psychic presence and a deeper state of harmony.
Friday 6—7pm	Unity Hall	The Flow—Chakra Meditation by Sergei & Preeti: Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturday, 10am	Garden Hall of Peace	Kids Art Class by artist Janakiraman: A playful exploration of watercolour techniques for children.
Saturday, 5—6pm		Music Meditation with Aaro: Immerse in the meditative power of music and sound, allowing rhythm and vibration to quiet the mind and open the heart.
Sunday, 5—6pm	Hall of Peace	Music Meditation with Aaro

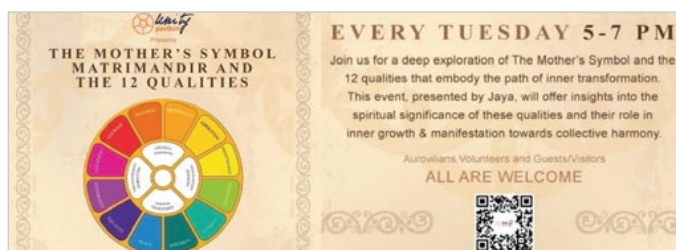
By Appointment

Date	Venue	Event Details
Daily	Hall of Peace	Tao of Tea —Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul. 9385428400 WA
Tuesday, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya—A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Daily	Oneness Hall	One to one sessions on the Science of Chakra, Integral Yoga, Chakra Balancing and guided Meditation. One to one/group Life Coaching & Counselling with Preeti based on life skills & Integral Transformation offers a safe space to heal and unlock your potential 9699930672 WA

- 0413 2623576, 9699930672, unitypavilion@auroville.org.in

The Mother's Symbol, Matrimandir and 12 Qualities

- Every Tuesday, 5pm



A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation with Jaya.

- By appointment, 0413 2623576

The Flow: Chakra Meditation

• Friday, 6—7pm @ Unity Pavilion



Connect with the Source and enter the Flow

Through ancient Beej mantras and healing frequencies, this meditation awakens the chakras and opens the meridians, allowing prana to move freely through the body. As the energy flows, it releases emotional blockages, eases stress, and restores balance—leaving you with a deep sense of lightness, harmony, and renewal. Experience a journey of sound and vibration!

Presented by The Unity Pavilion Research Team:

- **Sergei**—Electronic Musician, Specialist in Social & Musical psychology
- **Preeti**—Author, Life coach, and Researcher with 25+ years in Integral Yoga & Human Development

Sencha Style Tea Ceremony



The Universe in a Cup of Tea

We invite you on a spiritual journey, accompanied by the tea of your choice. (Organic teas only, tea blends with herbs/flowers/spices also available). During this rare, transformative experience, you will explore & experience the healing aspects of the tea. The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- Through appointments only, +91 9385428400 WA

Integral Life Coaching & Counselling



Integral Life Coaching & Counselling (One to one/ group) with Preeti based on Integral Transformation offers a safe space to heal and unlock your potential. Using an Integrated, practical Approach & Powerful Tools through a unique blend of Modern Psychology, NLP, Emotional Intelligence, Personality Analysis, and Holistic & Integral Development.

- By Appointment: 9699930672 WA

Daily Unity Meditations



Preeti for Unity Pavilion

THE PAVILLON DE FRANCE

in partnership with Alliance Française de Pondicherry

Workshop in French:

Thinking about the future through the history of innovation

- Saturday, 2 May, 10:30am @ Pavillon de France

Conference in English

Combining arts and sciences for ecological transition

Saturday, 2 May, 5:30pm @ Visitors' Center Auditorium

Cédric Carles is a Franco-Swiss designer and researcher, founder of Atelier 21. He is also the founder of the startup RegenBox, which produces solutions for better battery management.

His projects are part of a comprehensive reflection on energy and climate issues. His approach is experimental, blending design, new technologies, social innovation, and ecology. It is also intended to be engaging—playful, even festive—and above all, a means of fostering social connection. He is also the founder of the participatory research project Paléo-énergétique.org dedicated to the history of energy and co-author of *Retrofutur, une contre-histoire des innovations énergétiques* (Retrofutur, a Counter-History of Energy Innovations).



BHARAT NIVAS, PAVILION OF INDIA

Kalaripayattu performance



Wide: Art Show



Monisha for Bharat Nivas

PAVILION OF TIBETAN CULTURE

presents

Pavilion of Tibetan Culture: The Library

- Monday and Tuesday,
9:30am—12:30pm

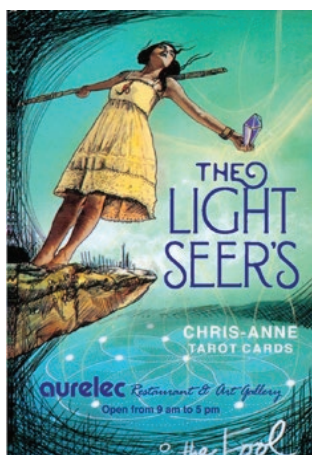
Kalsang
for Tibetan Pavilion



Theatre, Music & Arts

THE FOOL EXHIBITION @ AURELEC

The Fool overview



On the edge of an epic journey, the Fool peers into the abyss below and senses the seed of life calling out to her. She sees the opportunity and stardust swirling, and she knows that her dream begins with this single step. She's not sure what she will learn or exactly where she's headed, but she has clarity about one thing: she will need to jump in order to begin. With her crystal amplifier to guide her, and her wand to protect her, she feels her toes slide past the threshold of her current reality. She

sends one last intention prayer up to the Universe and lets go, feeling the rush of the unknown rise up to meet her. She falls into the void, where her beautiful future awaits.

Message from the Fool

Every dream achieved begins with the seemingly 'foolish' notion that there is something bigger out there. Something greater. Something epic to explore and to become. This child-like optimism comes from deep within your knowing, and it reminds you that you can achieve the magical things that you've been dreaming about. The journey of the soul begins with you, and with you alone. The time has come to enthusiastically turn towards your new future and take a divine leap of faith in order to claim the reward that this abyss is offering. You may not feel ready. You may not be ready, but there is magic in the air and the Universe is waiting to support you with infinite love and guidance. Surrendering to the call of the Fool means putting deep trust and blind faith in the unknown. It means remembering that everything is happening as it should be happening, and it means swan diving into the seed of potential with all of your curiosity in tow. Sometimes, in shadow, the Fool marks moments in life when you long for freedom and personal expression. If your life has become too conventional, go ahead and shake it up with something totally unexpected! During the genesis of something new, recklessness and impulsivity can create unnecessary obstacles on your path. Have you been ignoring good advice? Trust your instincts and tune in to both intuition and experience. Take any precautions you need to take, and prepare for a stable landing.

*I AWAKEN
my soul path
AND
I AM READY
FOR ADVENTURE*

Chris-Anne, Tarot Cards
Franz, Aurelec

MAJI: ECHOES OF GOLD

Arati M Tasheva
Gauri Elisa
G. Kumaresan
Kali Borg
Jyotis Feraud
Manisha Munjal
Paul Pinthon
Supriya Menon Meneghetti

MAJI
Maroma Art Gallery

Opening on
18th April
at 4:30pm

Summer exhibition celebrating
Maroma's 50th year

MAROMA[®]
Aspiration Street, Auroville

20th April - 27th July . Mon- Sat/9 am - 5 pm

20 April—27 July, Monday—Saturday
9am—5pm

@ Maroma Art Gallery: MAJI

Supriya

MANNIN MANDHIRAM: MAGIC OF THE EARTH

Extended till 23 May!

Exhibition by Kripa. Photo documentary
of terracotta votive forms making in Auroville

- 3—23 May @ Pitanga

Gallery timings:

- Monday to Saturday,
8:30am—12pm &
2:30—5:00pm.

Anandamayi



SONIC JOURNEYS

an album and music appreciation session featuring

1 May, Friday, 8:30—10pm

@ Kalabhumi Music Studio

SONIC JOURNEYS
An album and music appreciation session featuring

Dhani & Raul

DROP IN EVENT!
KALABHUMI MUSIC STUDIO

8:30-10:00 PM
FRIDAY 01/05/26

A cultural event powered by Kalabhumi Music Studio

CORRELATION BETWEEN LANGUAGE AND MUSIC
We'll be looking at how music and language are deeply connected in the nature of their expression in several different styles by listening to a selection of songs that include artists like Miles Davis, Weather Report, Chuck Berry, Charles Mingus, Hermeto Pascoal and The Band. And we'll give a couple of demonstrations on how speech can be transcribed into music, and the importance of storytelling in improvisational music.

The Correlation Between Language and Music with Dhani and Raul. Drop In Event!

- Parking only at Gaia field/ CRIPA back entrance
- Drugs/ alcohol prohibited

Edo

KALABHUMI GOES LIVE

A Saturday Night Summer Concert

Raul—Dhani—Edo—Amando—Shanks—Ronny & Friends

2 May, Saturday, 7—9:30pm

@ Kalabhumi Music Studio

A SATURDAY NIGHT SUMMER CONCERT

RAUL - DHANI - EDO - AMANDO - SHANKS - RONNY & FRIENDS

SATURDAY 02/05/26
7-9:30 PM

PIZZAS, SODAS & DESSERTS BY
OFF-GRID BAKERY

HELP LIVE MUSIC
CONTRIBUTE WHAT YOU LIKE

drugs/alcohol prohibited

KALABHUMI MUSIC STUDIO

Parking only at Gaia field / CRIPA back entrance

- Parking only at Gaia field/ CRIPA back entrance
- Drugs/ alcohol prohibited!
- Pizzas, sodas & desserts by OFF-GRID Bakery
- Help live music, contribute what you like!

Edo

Theatre, Music & Art Activities

SVARAM ACTIVITIES

Sound Healing Session

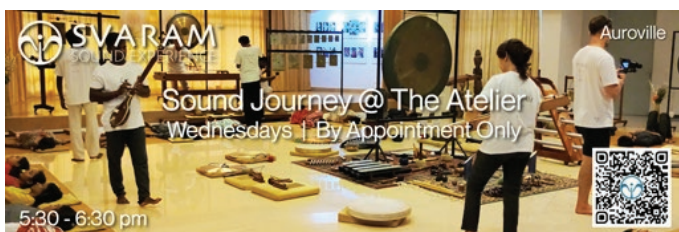


This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

By Appointment Only

- Available Sessions: Solo, Duo or Group
- For details and booking: Scan the QR Code or <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



- Every Wednesday, 5:30—6:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- Monday—Saturday, 10:30am—4:30pm,
- Sunday, 10:30am—12:30pm
- For details and booking: Scan the QR Code or <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team

YUVABE THEATRE INITIATIVE—VOLUNTEER CALL

Be the voice someone needs to hear

Yuvabe Theatre is seeking committed volunteers for a community-driven theatre play aimed at raising awareness on emotional and mental health, and helping reduce suicide rates in and around us.

This heartfelt play is crafted to understand pain and emotions and create awareness around emotional & mental health. It is purely a service to the community—no theatre experience needed.



Weekly Schedule

- Thursday & Friday: 3—5pm
- Saturday: 9am—12:30pm
- Timings are flexible for the team

Who Should Join: People who truly care, community-minded individuals, empathetic listeners, youth & change-makers. Any language background is welcome.

What to Expect: A 3-month commitment of dedicated participation, with a purpose-driven focus on theatre for mental health awareness. This is unpaid—pure community service.

Ready to make a difference? Reach out & join the stage.

bhuvana@yuvabe.com, +91 9159325119, Abilash

CREEVA: ART ACTIVITIES

Center for Research Education Experience in Visual Art

Watercolour painting workshop

- Every Wednesday, 2—4pm

Life drawing session

- Every Saturday, 10am—12pm

T-shirt Painting, Bottle Painting Workshop

Paper Pulp Doll Art Workshop

- Every Sunday, 3—4:30pm

Rediscover the joy of creativity and childhood play, through eco friendly paper pulp. By Giribala Tripathy: From Odisha, based in Pondicherry, Sri Aurobindo Ashram artist with over two decades of creative and sustainable art practice.

Live portrait sketch

For personalised live portrait sketch book a session with Sathya.

Open studio

Your welcome to open studio to explore your art except workshops timings. Materials will be provided.

For info contact Sathya: +91 9486145072

- sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity



Dance Activities

DANCE CLASSES BY MANI

Tango Dance Evenings

- Tuesdays & Thursdays 7pm @ CRIPA (Small Room)

Discover the beauty of Tango—a dance of connection, rhythm, and emotion. Move with grace, balance, and awareness in a joyful and welcoming space.

- Please register before coming (registration only).

Bring your socks and water bottle.

Let's share the magic of Tango, connect through music, and grow together in movement and harmony.



Salsa Dance Classes

- Monday & Friday—7pm @ CRIPA (Small Room)

Join us for fun, energetic salsa sessions—dance, move, and enjoy the rhythm together!

- Please register before coming (registration only).

Bring your socks and water bottle.

Let's share the joy of dance, connect with positive energy, and keep improving.



Aurovilians & Newcomers: Donation-based

Guests & Others: Contribution welcome

8637633696, Mani

DANCE, MOVEMENT AND BALLET for Children



@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation**
from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class**
from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class**
from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Fleur

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

- Monday, 7pm: Tango class
- Wednesday, 7:30pm: Practilonga
- Friday, 6:30pm: Practice
- Saturday: Bi-monthly Milongas

No partner required. Bring socks or dance shoes. And plenty of joy!

- +91 9821166082,
- tango@auroville.org.in



Maud

CLASSES IN BHARAT NIVAS

Bharatnatyam Dance Classes

- Saturday, 10am—12pm,
Sunday, 3—5pm,
@ SAWCHU

Caveri Suresh, a Bharatnatyam Dance teacher for 27 years, is offering this class to **Beginners, Intermediate** and **Advanced** students.

Caveri Suresh, Diya Dance Studio

Music and Dance Classes

- Saturday, 3—4pm @ Bharat Nivas

This is to inform you that Aurohamsadhwani Arts Center is organizing music and dance classes at the Bharat Nivas premises. The following classes are offered:

- **Bharatanatyam, Veena, Keyboard, Vocal Music**

Students of all ages are welcome to join. The class fees are minimal. For further details and registration, please contact:

- Ms. Gunasundari, 99433 94901
- Mr. K. Palani, 94435 35172
- Mr. H. Suriyagandhi, 94893 25775

A. Gunasundari
for Aurohamsadhwani Arts Team



Sports & Martial Arts

BUDOKAN: CLASS HOURS AND ACTIVITIES

Aikido: Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



For Adults & Teenagers

- Monday to Friday, 6—7:30am
- Tuesday, Thursday & Friday, 4:50—6pm
- Saturday: Advanced 6—8am
 - Weapon class 8—9am

For Kids & Teenagers

- Monday to Friday, 3:50—4:50pm
- Saturday, 10—11am

Aikitaïso: Aikitaïso it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who wants to feel more grounded.

- Monday to Friday: 8—9am; Saturday: 9—10am

For Aikido & Aikitaïso:

8300643963 WA, Philippe,
9952812843 WA, Murugan,
+ 33622053932 WA Michaël

Yoga:

- Monday, 9:30—10:30am & 5—6pm
- Wednesday to Friday, 9:30—10:30am

Shiatsu: Saturday & Wednesday (on appointment)

Michaël for Auroville Budokan, Dehashakti

MARTIAL ARTS IN BHARAT NIVAS

Kalaripayattu Regular Class Updated Timings



Regular Classes:

- **Morning:** 7—8am; **Evening:** 5—6pm
- **Contribution:** Drop-in: Rs.300 per class
 - Monthly (one class per day):
Non-AV Rs.3000; AV Rs.2000
 - Monthly (morning & evening both):
Non-AV Rs.5000; AV Rs.3000

Weapons Training: Drop-in: Rs.150 per class

- **Wooden Weapons:** 8—8:30am
- **Metal Weapons:** 6—6:30pm
- **Contribution:**
 - Monthly (one class per day):
Non-AV Rs.2000; AV Rs.1000
 - Monthly (morning & evening both):
Non-AV Rs.4000; AV Rs.2000

Note: Weapons practice requires initiation at Kalarigram.

Registration: Please scan the QR code before attending.

Regular Silambam Class

- Wednesday & Saturday, 5—6pm
- @ SAWCHU

From 20 August 2025

05:00 pm - 06:00 pm
Every Wednesday & Saturday

Venue:
SAWCHU,
Bharat Nivas, Auroville

To join, Contact: Hari Haran at +91 63743 71865
Parking available outside at the Main Gate

Regular Silambam Class
with
Hari Haran



Scan for Location



Grappling & Rudiments of Martial Arts for kids

- Tuesday & Thursday, 4—5pm
- @ Harmony Hall



BHARAT NIVAS
மதர் ஸ்திரீஸ் & யுத்க் குழந்தைகள்
The Pavilion of India, Auroville

Presents

GRAPPLING & RUDIMENTS OF MARTIAL ARTS FOR KIDS

Every Tuesday & Thursday
04:00 pm - 05:00 pm

Venue:
Harmony Hall,
Bharat Nivas, Auroville

CONTACT TODAY!



Monisha

ABHAYA MARTIAL ARTS



ABHAYA MARTIAL ARTS ACADEMY

Abhaya Martial Arts is proud to have trained over 700 students of all genders, ages, and experience levels. We've hosted expert coaches and black belts of many martial art styles, and introduced our students to a vast range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the Shou Dao School—a martial arts academy acknowledged by the Olympic Committee.

Regular Adult Classes, 5:30pm:

- **Monday:**
MMA/Grappling with Coach Giacomo
- **Wednesday:**
MMA/Grappling with Coach Giacomo
- **Friday:**
MMA/Striking/Self Defence with Coach Tanguy and Coach Giacomo

Please note: Contribution required

- Be punctual;
- Short nails, wear, and no jewelry;
- Stay home if you're unwell or have open wounds

- **For updates and participation:**
+91 94873 40778

- For more info contact us:

abhaya@auroville.com

<https://abhayaauroville.wordpress.com/>
<https://www.instagram.com/abhayaauroville/>



Giacomo
for Abhaya

AUROVILLE FUTSAL/ FOOTBALL CLUB

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring. We play futsal in Dehashakti. If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji:
8940224950



Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber
638563 5943



Submitted by Beber

KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



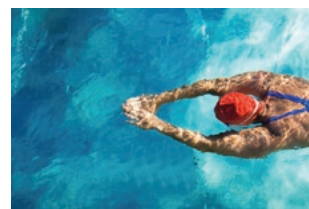
Maneesh

MORNING SWIMMING CLASSES

for children

Tuesdays & Thursdays,
6:30am—7:30am @ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
 - Safe and fun environment with professional guidance
- Build confidence, improve technique, and enjoy the water!



- **To enquire:**
+91 8940288090 WA

Sonia and Ana

SWIMMING CLASS

Learn to swim or improve your skills with personalised training in a calm and supportive environment. Classes are open to both adults and children (from 6 years old).

- Individual lessons—one-on-one personalised attention
- Small group sessions—only 2 to 3 people per class

All levels welcome, from complete beginners to advanced swimmers. Special focus on comfort, confidence, and technique.

- Limited spaces available to ensure quality and care for every participant.

- @ Auroville, flexible timings available

8637633696,
Mani



Bioregion, Crafts & Nature Activities

AUROVILLE BAMBOO CENTRE

www.aurovillebamboocentre.org

Join our daily guided tours and enjoy a complimentary cup of refreshing bamboo tea. Explore and shop for unique, handcrafted pieces at our Bamboo Boutique, and experience the natural rhythms of our Bamboo Sound Garden.



Bamboo tour with bamboo tea

- Monday—Saturday
8:30am—12:30pm, 1:30—5pm

Special bamboo lunch @ Auroville Bamboo Centre

- Every Saturday, 12—2:30pm
- Pre-book in advance

Enjoy the Special Bamboo Lunch.

Make and take workshops

- Monday—Saturday, 10am—4:30pm
- Pre-book in advance



Take part in our daily Make and Take workshops to learn and discover the endless possibilities of bamboo.

One day workshops:

- Pre-book in advance,
- Monday—Saturday, 9am—5pm



Bamboo Construction workshop (wall panel)

- 14, 15 and 16 May, 9am—5pm

Discover the amazing potential of bamboo as you learn about the material and experience it in practice.



Musical Instrument special workshop

- 22, 23 May, 9am—5pm

Explore the soothing sounds of handcrafted bamboo instruments and learn how each one creates its unique rhythm.

Experience a hands-on session blending creativity, nature, and music in a calming, fun environment.



Bamboo Furniture workshop

- 29, 30 May 9am—5pm,
includes lunch and refreshment

Discover the timeless charm of bamboo by crafting a hand built seater using traditional joinery technique.



Pre-booking is necessary for registration:

- bamboocentre@auroville.org.in
- +91 8300949081

Bala Sundaram

SOLITUDE FARM ACTIVITIES

Saturday Free Farm Tour!

Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.



- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm:

It is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

3 days Intensive Permaculture Weekend Workshop

- View schedule and book here:
<https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service:

A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude:

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots. Come, eat well, and feel well.

- Booking:** solitudepermaculture@gmail.com

Krishna for Solitude Farm & Café

ENLIGHT



ENLIGHT
Light of Auroville

Contact: Arun / Balaji
+91 88381 72521 / enlight@auroville.org.in



Explore Auroville



Bioregion Tour



Art & Craft Workshops



Fireside Drumming



Cycle Tour



Cooking Class

Arun, Anand and Balaji for Enlight Team

EGAI EVERYVILLAGE



VILLAGE STORY
every village has a history





Skill-cation: Experiential Learning

Egai EveryVillage is an in-Auroville community 2 to 3-day educative experience teaching real, usable skills, initiative focused on skill-cation in arts and crafts **customized to the learners' needs**—an experience, a form of self-investment both skilling and vacation. Exploration today is not just about sightseeing and relaxation; it's trips and tours to acquire or enhance a skill—whether it's cooking local cuisine, pottery, photography, yoga training, scuba diving, language learning, farming, eco-conservation.

Skillcation is a shift in the traditional perception of travel. For learning travellers, these small breaks and learning pursuits are a way to recharge, improve focus, and build transferable skills such as problem-solving, creativity, adaptability, and resilience. It involves smaller groups, focused stays, and involvement with Auroville and local village communities.

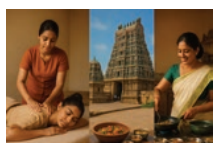
Anand, 9791896488, egai@auroville.org.in

ACTIVITIES BY RUPAVATHI

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region.

- Starting point: Solar Kitchen.
- Can be scheduled anytime throughout the week.



South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage: We give everyday morning

- 9:30—11:30, 11:30—1:30, 5:30—7:30pm.
- 8098845200 WA/ Phone,
- rupavathijoy@gmail.com

Rupavathi

MOHANAM PROGRAM

www.mohanam.org

Mohanam: 2 mins from Vérité, 6 mins from Matrimandir, 8 mins from Visitor's Center. Experience, explore, energise.



For more information and registration:

Advance booking is necessary for Workshops:

mohanamprogram@auroville.org.in, +91 8300949079

- Office timing: 9am—4pm, Monday to Saturday

Make and Take Workshops

- Monday to Saturday, 10am—12:30pm or 2—4:30pm



Bamboo
Candle

Potter

Coconut
Shell Craft

Dream
Catcher

Incense
Making

Kolam
Mandala

Join and experience the learning aspect of engaging in the art and craft workshops. Manifest inner self through various materials and forms using creative techniques.

Auroville Bioregional Experience

- Monday to Saturday, 10:30am—1pm



Village Tour

Wood Fossil
Visit

Munnur-
Perumukkal

Kaluveli Tank
Visit

Celebrating authentic village experiences and cultural heritage! This is a guided tour to villages in the range of 5km, 10km to 50km from Auroville.

Auroville North-West Tour

- Monday to Saturday, 10:30am—1pm

This tour offers a deeper appreciation of the beauty, heritage, and living traditions of Auroville's northwest zone. It highlights inspiring local entrepreneurship and how traditional practices are being continued through modern techniques.



Thiruvannamalai Spiritual Services: Eco & Spiritual services: Thiruvannamalai—Mohanam services

- Arunachala—Auroville; Tour, retreat space; Camping, Temple visit; Ashram, Girivalam Full Moon experience

For booking and more information

- +91 8300949079
- mohanamprogram@auroville.org.in

Rajaveni

SADHANA FOREST PLANT BASED SATURDAY

Join us for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule: Every Saturday

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

ACTIVITIES BY INSIDE INDIA



Inside India Office, Kalpana Community

Kolam Mandala Workshop, Every Friday

Join us for our Tamil Kolam Workshop. Kolam is a special Tamil Mandala art that creates intricate patterns using rice flour. Every Friday from 10am to 12pm. Open to all skill levels.

Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 9am to 1pm, with a hearty Auroville-style lunch.
- Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

- 9am—1pm. Please book 36 hours in advance.

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

Off-Road Cycling & Half-Day Rides

- 9am—1pm
- Available on request, with a 36-hour heads up

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure.

tours@insideindiaauroville.com
Shaheen for Inside India

MAROMA CAMPUS TOUR!

Every second Saturday,
10:30am—12pm
@ Maroma Aspiration Campus



A guided, campus-wide experience including production visits, candle and soap making, the Maroma Gallery, and a hands-on incense workshop (with take-home gifts).

Enjoy healthy refreshments and an open Q&A session.

- Rs 500 (Adults)
- Rs 300 (Under 14)
- **Aurovilian Special:**
Half-price for Aurovilians

Book: <https://maromaexperience.com/>
9486623749 WA



Jesse

ACTIVITIES AT AUROORCHARD

Weekly Farm Walk:

AuroOrchard is Auroville's oldest farm, founded in 1968-69 under the guidance of the Mother with the vision of "growing food for Auroville." Spread over 25 acres of red earth on the eastern coast of Tamil Nadu, AuroOrchard has been a cornerstone of Auroville's food system for more than five decades.

Today, we produce over 50% of the fruits and vegetables and 90% of the eggs from Auroville farms. We grow a diversity of crops—mangoes, papayas, bananas, guavas, citrus, roots and tubers, leafy greens, vegetables, and herbs—alongside a small poultry that provides eggs. Each year, these fields and orchards yield several tonnes of fresh food, much of it flowing directly to Auroville's kitchens and residents. These numbers are never the measure of the work, but rather quiet signs of the farm's steady rhythm of care and abundance.

Join us for a stroll through these orchards and vegetable gardens and learn about the agroecological techniques that we practice at the farm.

- Every Wednesday, 10am—12pm.
- Registration required, [sign up here](#).



CSA baskets:

Auro Orchard's Basket System is a community-supported program that allows customers to select fresh, seasonal produce such as fruits, vegetables, greens, herbs, eggs, nuts, and Abundance; farm-processed products like pesto, syrups, and nut spreads from a weekly updated harvest list. Members place their orders based on seasonal availability and collect their chosen items directly from the farm or from the pick up points inside Auroville.

- Please [sign up for the baskets here](#) to get added to the list.



Volunteering:

Spread over 25 acres, AuroOrchard is Auroville's oldest farm producing a diversity of fruits and vegetables and eggs that are supplied directly to Auroville's kitchens and residents. Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer a welcoming environment for learners, researchers, and seekers who wish to help us and learn more about the land, food, culture, and themselves.

- Monday to Saturday,
7—9am and/ or 9:30am—12pm.
 - We offer breakfast made with farm produce!
- Link to [sign up for volunteering](#) here.



Anshul

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

- +91 9385744722, 0413 2969722



Viji

Available

12 Volt bulbs, holders, fans

Recently I changed all my lights, and plugs for appliances to 220 volts. I offer second hand bulbs, holders and 2 fans for free to Aurovilians that still run their house with a 12 volt system, or have battery powered emergency lighting.

- If you are interested: 9489601312 WA

Shivaya

Looking For

Looking for a bicycle

I'm looking for a medium-sized bicycle (not an e-cycle), in relatively good condition, for use over the summer or longer. Open to exchange, or to purchasing with a contribution.

+91 9385623511, Anandi Zhang

House-sitter wanted

Looking for a conscious and caring house-sitter for a beautiful home for 2 months from the end of May.



- You would be looking after one cat and one dog. This is a community, so it's important that you feel aligned with the values here: Comfortable using dry compost toilets and shared community showers; Vegetarian lifestyle; Mindful use of solar electricity and water; Use of organic products only.

We're really looking for someone who will genuinely care for and love the space, as well as the animals, and live in harmony with the community. It's a truly beautiful home and environment. Please message me directly if you feel called or would like more details.

Serena, +91 8489760966

Looking for a homestay

I am Filip, looking for a house sitting for a month, starting from May! I am clean, I can take care of pets and plants. I would be grateful for any response

Filip, filip.matejcek1@gmail.com

Office Spaces

NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

- Every Friday, 9am—7pm @ Hive, Auromode.

Step into Hive and experience a cosy workspace with super-fast Internet, Coffee—all for free on our weekly Open House. Hive is a 24/7 Coworking space.

Open House hours are for experiencing the space, 24/7 access is available beyond these hours.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries: auromodehive@auroville.org.in

- +91 9042759540 WA,
+91 7092197375 WA or drop by. **Dhesh for Hive**

Spaces Available at Ecoteco Campus Building

There are two spaces available for use at the Ecoteco Campus Building in Reve Area:

- 118 sqm Office Space
- 67 sqm Godown Space.
- 9443960008, Diana; 9894442349, Prabhu **Diana**

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings. Ready to join? Learn more and book your spot:



- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, cowork.kinisi.in

Laure

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and facilities.

Interested people may contact Mr. Siva at Aurelec:

- in person or by phone to 2622293/ 2622294
or e-mail adps@auroville.org.in **Siva for ADPS Trust**

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant. Contact Mr. Pandian



- at Auromode in person, +91 9943390391 or
pandian@auroville.org.in **Pandian**

Honorary Voluntary

ASSISTANCE NEEDED FOR OUTDOOR INSTALLATION

We are currently seeking assistance for an outdoor installation project, which involves physical work on an upcycled sculpture. Anyone available and interested in contributing is encouraged to get in touch.

For further details, please contact the Wellpaper office at:

- +919385744722, +91 7598619731

We would greatly appreciate your help in sharing this information with the community. Thank you for your time and support.



Nabily, Praveena

POUR TOUS WATER SERVICE

Pour Tous Water is looking for **part-time & full-time volunteers (min. 6 months)**, especially those interested in plumbing work. Women plumber or any one with sincere interest are encouraged to join. Training will be provided.

Work includes: Emergency plumbing support (leaks, blockages, taps, toilets, water heaters, etc.) + basic report, record documentation & WA coordination/ updates.

- PTW provides free service for Auroville Community, aligned with Prosperity Vision, "Service for All". Contact for more details 9843644308 WA, ptw@auroville.org.in.

Join and support this essential community service.

Grace for Pour Tous Water Service team

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations: Responsibility and punctuality, ability and preferably some experience of work in the education field (age from 6 to 12), good communication skills with kids and adults, ability to move around Auroville, interest and motivation, optimism and good energy. We can provide lunch and some additional bonuses to come as you will stay with the team longer.



For details: aarambham@auroville.org.in

- +91 83002 88303, WA messages **Alexey**

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call 8122274924

Aviram

BOTANICAL GARDENS

A lot of work goes into caring for the Botanical Gardens to keep them looking beautiful and pristine. We invite new volunteers who are ready to help and dedicate some time to caring for the various parts of the Gardens. In particular, right now we need volunteers to help with the Japanese Garden and Labyrinth area, and would like to find one person who could be trained as a long term backup for all parts of the garden work, especially the watering system.



The work involves a lot of weeding, mulching, composting, pruning and clipping, raking and other general maintenance tasks. Talking to the plants, trees and creatures is also welcome, along with jokes and cheerfulness.

- If interested please contact Noel: earthyyoga@hotmail.com
- or stop by in the morning sometime to explore the possibilities.

Noel Parent

Work Opportunities

AURORA'S EYE FILMS: CALL FOR VIDEO EDITOR

Aurora's Eye Films, based in Auroville, is looking for a skilled and sensitive video editor to join us on an upcoming feature documentary currently in post-production.



This project is a deeply human, observational documentary that requires an editor who can work with subtle storytelling, rhythm, silence, and emotional nuance. The film brings together voices, experiences, and moments that need to be held with care and clarity in the edit.

We are looking for someone who:

- Has strong experience in documentary editing
- Is comfortable working with long-form interview material
- Has a good sense of pacing, structure, and storytelling
- Is open to a collaborative and reflective process
- Resonates with the values of Auroville and seva-based work

Details:

- Project-based role (with potential for ongoing collaboration)
 - Based in or able to work from Auroville preferred
 - Editing to be done in close collaboration with the director
- If you feel aligned and would like to contribute to this film, please share:

- Your portfolio / showreel
- A short note about your experience and interest

Contact: serena_aurora@auroville.org.in

We look forward to connecting with editors who value depth, presence, and meaningful storytelling.

Serena

AIAT:

Seeking of Assistant Professor

Auroville Institute of Applied Technology, <https://aiat.edu.in/>, is currently seeking qualified candidates for the position of Assistant Professor in the field of Computer Science.

Applicants must have Master's degree in Computer Science. Interested candidates are invited to send their CV to amarnath@aiat.edu.in.



Amarnath

AWARE:

Looking for media & comms specialists



Invitation to the City the Earth Needs.

Auroville grows when aspirants gather from around the world with clarity of purpose.

AWARE seeks to build a bridge to welcome these aspirants by telling the story of this place with clarity, through beauty, and by setting up platforms for information and discussion.

Doors Are Open for Aurovilians and Newcomers to join Aware. Roles open: Filmmakers; Cinematographers; Editors; Content Creators

Contact: +91 73965 57993 WA, aware@auroville.org.in
awareauroville.com

Shift towards a culture of multilateral perspectives and an attempt to bridge the aspiration/ideal and current human condition & external organisations.

Sajiv for Aware Auroville

Ecology

SERVICING OF SEPTIC TANKS

Septic tanks function as settlers for biowaste solids in wastewater. They are sealed at the bottom and on the sides and have an overflow outlet to the next part of a sewage treatment system. The bacterial breakdown of the settled sludge is the first step in sewage treatment.

The settled sludge needs to be removed at regular intervals (to permit continuous settling of solids), that is between a few months and a few years dependent on septic tank size and number of wastewater generating users. When sludge sediment fills about half the height of the tank, suspended solids get less time to settle and increasingly flow above the sediment into the next treatment modules—where they inhibit subsequent treatment functions.

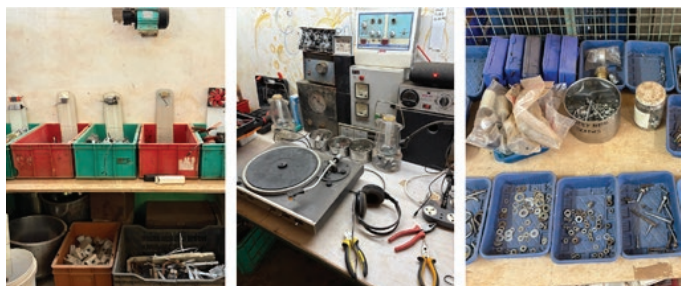
The operation of sludge removal does not need to empty a septic tank from all wastewater—this would be a waste of work and of costs; it is only meant to remove the sludge sediment. A small mass of sludge left at the bottom of the tank serves as a starter for optimum performance, as it contains the microbiota that decompose the biowaste.—Please avoid dropping non-biodegradable waste into toilets and drains.

The dry months of the year i.e. the current season till late July is the best time for this service; monsoon times and heavy rains will make it difficult or impossible.

- Please call Pour Tous Water Team, who can arrange for the service: 2622899 or 9843644308.
- In case of questions, please contact ecopro@auroville.org.in. Lucas, EcoPro, 2622469

REPAIR IT. SORT IT. SAVE IT.

Tuesdays, 9:30—12:30, Road to Vérité
before The Sprout Cafe turn



Every week, a small crew gathers at EcoService to give electronics and household goods a second life—and honestly, it's one of the best mornings of the week. Open to everyone.

Darren, 9600263842

UPCYCLING OPEN STUDIO



Open Studio Mornings
Every Tuesday from 9 am to 12.

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Location : Recentre, Ok Upcycling Studio
Tel : 6384043908

Tuesdays, 10am—12pm
@ Ok Upcycling Studio, Recentre

- Discover the fundamentals of upcycling
- Tour the studio
- Purchase or place orders for upcycled items
- Join our "Make Your Own Upcycled Item" workshops

Come explore, learn, and get inspired!

6384043908,
Veronese

SERVICE FROM ECO SERVICE

As we all have noticed of late there has been a growing amount of litter being dumped along the roads, pathways and in the bushes within the city, we are pleased to announce to the community a much needed extension of our regular waste pick up service.

Auroville has a dedicated service to clear the litter and waste from the areas that are hard to reach by our larger vans.

A three wheeler has been acquired for the purpose and will begin the operation in two shifts 3 days a week to start with. The service will largely concentrate on within the designated City Area only (and not along the tar road) and may gradually extend to the greenbelt.

This Service will be totally run by Citizen Volunteers (Aurovilians and Newcomers) along with an Eco Service member as it may need more than one person (and maximum two) to do the task. In Kind remuneration will be provided.

- If you are one of the inspired ones who shares similar concerns, are interested to help keep Auroville litter free and can dedicate some time, please get in touch with us either by dropping into our office or connecting with us by email or on the number provided below.

Lets Keep Our City Clean Together.

Sumit for Eco Service,
ecoservice@auroville.org.in,
6379669034



Poetry

A FLYING FISH

A flying fish
hooked on a bamboo branch,
its fins still waving—
a greeting or a goodbye
to a kite's dream
of scaling the sky.
The thin thread
broke, just like that,
in the wayward wind.
The child might cry
for a little while,
then crave and create
another dream game.

Anandi Z.

LIGHT YEARS AWAY



O Wanderer,
Gaze, Gaze, Gaze
At the heavenly starry nights
At the wondrous starscapes
Through new eyes of the new Webb
At distant stars, at galaxies adrift,
Light years away.

What mesmerizing wonders you discover
What new revelations illuminate your way!

Any yet do you wonder
What light is it that forever
Reveals the cosmos in a grain of sand
And heaven shimmering in a wild thorn?
That manifests eternity in the blink of an eye
And infinity ripening ever so quietly
In a kernel of corn?

O Wanderer,
What labyrinth are you caught in?
What web ensnares your steps?
What veil must you lift?
What cataract shields your eye--
Your heavenly gift?

You are the seer
Who beholds a multiverse
Far beyond a million light years
And dark days away
Beyond beginnings and ends
Beyond proclamations of truth and lies
Beyond and Beyond
Scattering stars like sparks
Across the infinite night.

Open Your Eyes
And dare to see!

Sehdev Kumar

Voices & Notes

THE OBJECT IS TRANSFORMATION

We stand at a precarious threshold where the old world dissolves and a new species beckons. Is the current global turbulence merely chaos, or is it the necessary "transmutation" of the caterpillar before the butterfly emerges?

As the age of AI strips away our excuses for ignorance, we are faced with the ultimate evolutionary choice: "Truth or the abyss". Traditional yogas and spiritual titles are no longer the goal; the new objective is a radical, cellular metamorphosis—a task impossible for the human ego alone.

"The manifestation of the Supramental upon earth is no more a promise but a living fact." As the world undergoes its most intense transformation yet, how do we align ourselves with "The City of Dawn"?

This writing explores the necessity of Auroville as a nationally-protected sanctuary for an unfolding species caught in the midst of a hastened and intensified, unstoppable evolution. Its "Prime Directive" is in fact the very conscious force driving the ongoing planetary shift.

Note: To read the full post, please scan the QR Code or visit zechjoya.blogspot.com and look for the title: *The Object is Transformation*.

Zech



RESEARCHERS AT THE CENTRE FOR HUMAN UNITY: lofty ideals, minimal needs

In 1984 Kireet Joshi instituted two bodies: SAIER (Sri Aurobindo International Institute of Educational Research), culture and education—and the Auroville Development Scheme, public relations and information on Mother's Auroville and lifestyle. The Laboratory of Evolution, under SAIER's umbrella, pursued research on Yoga and Integral Yoga; the Centre for Human Unity, under the Auroville Development Scheme, promoted Mother's town, Matrimandir and guidelines. As I published the previous week, Bhaga, Helene and myself were the three researchers. The unabridged article can be read on the Auronet:



<https://auroville.org.in/blog/view/284569/researcher-at-the-centre-for-human-unity-1986-1990>

Here I wish to describe the minimalist conditions under which we operated. In the eighties Auroville, still fighting for independence from the Sri Aurobindo Society, was so basic that the joined venture of the Laboratory of Evolution/Centre of Human Unity had not a physical place. The first two years we were hosted by the Centre for Indian Culture, along with the Library. This is also where our general meetings were held, for years.

The Bharat Nivas compound was meant to host the pavilions of the Indian states; only a few were commenced, but left unfinished. When, finally, we were allocated a small pavilion, half of it was partially underground; it was flooded at every monsoon and buckets were our spade. The Centre for Indian Culture was flooded too; the day my exhibition on the flowers' spiritual significance was to start, we had to first evacuate 40 cms of water from the hall.

Our furniture consisted of discarded items, piled up in a pavilion with no walls, nearby, which anyone could access. Made by Ben, an Auroville carpenter and designer, they were chipped but extremely elegant; this included my stylish long table and chairs, of which I was proud. The same could not be said of the Bharat Nivas shared toilets, two

cubicles: one with a tap, the other with a squat toilet; spotlessly clean but looking quite miserable. Having no tiles, the lower portion of the walls was varnished red and the dark floor was unevenly plastered, with crevices. Outside was a couple of tiny basins to wash one's hands. We heralded "the town of the future", but this is how we worked and lived...

That Auroville had no money was evident wherever one casted the eyes. There was something moving in all this: while heralding the new world and society—"the Avatar's model town" and its futuristic architecture—we scavenged furniture. As soon as we got some extra money from the Government of India, to display our exhibitions we could finally order fifteen large plywood panels, suspended within a metal frame. For each of them I selected a different shade of pastel colours; it was a beautiful display and we took great care of them. When not in use we shared them with the offices in the Bharat Nivas compound, as poor as us.

Bhaga had been living for years at the Matrimandir Camp, before relocating near Helene's functional hut on Repos Beach. I lived fourteen years in a hut in the green belt, with no electricity; the first eight years, without a bathroom. On the occasion of special programs at the Bharat Nivas I slept on a mattress at our working place; to return home in the night was risky. The joy of electricity and a shabby bathroom, even if outside (but safe, a watchman patrolled) was a thrilling experience: to appreciate the inconspicuous gifts life may offer one has to live with nothing, this was the lesson of those glorious years. Totally merged in this new existence, the first twenty-nine years I never left India, losing all sense of the world outside my microcosm by the force of the radically new identity I assumed.

We felt living on top of the world, the three of us—Bhaga, Helene and myself—where only the Dream was real, exactly as the Mother had described it and nothing else existed. It was impossible to deny it and it was not just us: the certainty was collective. I will never forget those roaring years. Auroville was real and we had come to build it, closing for good with all that we had been and owned. One day Bhaga, radiant, told us that she could not leave Auroville not even for one day, not to miss the wonder of the experiment. She spoke for all of us.

Paulette

POLARISATION, NARRATIVES, and the quiet drift from purpose

Polarisation, Narratives, and the quiet drift from purpose is not just an article; it is an experiment into an integral inquiry. This is an open and evolving article. It is not meant to be complete. It will continue to grow through stories, lived reflections, and simple, real experiences of encountering and responding to polarisation. Scan the QR code to add to these reflections, allowing the work to remain alive and in movement.

[Click on this link or scan the QR code](#) to contribute to the article. You are invited to engage in your own creative and constructive way, through stories, reflections, questions, or expressions. This is not a personal narrative alone, but a shared space for collective exploration. At its heart, it asks a simple yet essential question: **What does human unity look like in our daily life?**

The purpose is not to define what is right or wrong, nor to take a position, but to pause, observe, question, and re-connect with the deeper aspiration of unity that holds the essence of Auroville.

Smriti Raj Maskeri, an Auroville resident and a catalyst, Soulify—Discover the Infinite, she creates spaces for self-inquiry, collective reflection, and conscious participation among youth, children, and institutions. This is not an article to be completed and read. **It is an Aspiration in Movement!**



Smriti Raj

AUROVILLE RADIO TV

Your favourite radio is always working for you.
Stay Tuned!

Last published Podcasts

- [Marlenka's weekly Offering—Ep.170](#) (Literature)
- [Jumpa's Joyous Journey with Fif—Ep.12](#) "The Day the New Year Refused to Begin" (Stories)
- ["Mother's Chronicles: Mirra" by Sujata Nahar, Read by Fif—B 1 C 7—"Square du Roule"](#) (The Mother)
- ["Humanity 2.0" by Aviram Rozin with Jazz—A Book Read by Shalev P 2, C 9: "Development as Community Building"](#) (Society & Conscious Living)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.535](#) (Integral Yoga)

....and more! on www.aurovillerradiotv.org

For more information, write to radio@auroville.org.in

Sai Priya for AurovilleRadioTV



Animal Care

RABIES FREE AUROVILLE

We would like to share an update on our ongoing Rabies Free Auroville mission through our Door-to-Door Free Rabies Vaccination Campaign.

Last Saturday, 11 dogs were vaccinated successfully.

- This coming Saturday, we continue with the 4th week campaign covering the following communities:
Felicity, Djaima, Aurelec, Douceur
- **2 May, 10am—12pm**

We sincerely thank our community for the continued support and the warm reception of our vision to achieve a Rabies Free Auroville.

Dr. Kumar
for Auroville Dog Shelter Team



URGENTLY SEEKING VOLUNTEERS FOR DOG SHELTER

Aurovilians & Newcomers Welcome

We are seeking dedicated volunteers to assist in the ongoing care and management of our dog shelter.

Areas of support required:

- Medical assistance (qualified professionals or students)
- Provision of essential supplies
- General shelter maintenance and animal care



Interested individuals are encouraged to get in touch at the earliest: 9443203092, aurovilledogshelter@auroville.org.in

Dr. Kumar, Sugar, Shanthi

JOIN AUROVILLE DOG SHELTER TEAM

Auroville Dog Shelter is seeking a dedicated Aurovilian to join our team.

- **Skills Required:** Basic computer knowledge, accounting skills
- **Support Provided:** Half maintenance
- 9443203092, aurovilledogshelter@auroville.org.in

If you are interested in supporting our work for community dogs, we would love to hear from you.

Dr. Kumar for Auroville Dog Shelter Team

Foods, Goods & Services

AUROVILLE CASHEW NUTS:

Ready to purchase

The cashew season is here again.

If you have naturally grown Auroville cashew nuts, Siddhartha Farm would be delighted to purchase them from you.

- For more information:
+91 88380 12456.

Suha, Siddhartha Farm



SAPLINGS NOW AVAILABLE

@ Shambhala Garden

Exciting news for all garden lovers and green thumbs! Shambhala Garden is pleased to offer a fresh selection of fruit tree saplings, ready to find their forever home in your garden.



- **Dwarf Papaya** Compact tree, sweet golden fruit, grows all year. Perfect for pots and small gardens. Aids digestion, boosts immunity, and supports glowing skin.
- **Pitanga Cherry** (Surinam Cherry) Bright red tropical berries, sweet and tangy. Easy to grow, loves sunshine. High in antioxidants, supports eye health and immunity.
- **Mango** Juicy, fragrant mangoes from your own garden. A strong tree that gives season after season. Rich in vitamins A & C, promotes gut health and sharp vision.
- **Kumquat** Tiny citrus eaten whole. Neat, zesty and great for pots or garden beds. High in fiber and flavonoids, great for heart and blood sugar health.

To order or enquire about availability, please reach out to: shambhala@auroville.org.in

Don't miss the chance to grow something beautiful. Happy planting!

Bhuvana for Shambhala Garden

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates. Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

FOODLINK MARKET

Monday—Saturday, 9:30am—12:30pm



We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

For more info: call/ WA +91 8300268804 or pass by.

Isabelle

HEMPLANET

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

FREESTORE SUMMER TIMINGS

May and June

Monday to Saturday, 9am—12:30pm

No afternoon

Thank you for your understanding.

Kamala for Freestore team



+91 9566142115, Satyakam

VISITORS CENTRE CAFETERIA



Non Veg Monthly Meal Scheme

Cafeteria at Visitors Centre (Right Path Café) offers a South Indian Non Veg Lunch Scheme.

Composed of: Organic White Rice/ Brown Rice/ Millet; Organic Chapati; Seasonal Auroville Vegetable; Sambar; 3x a week with Veg Kurma & Rasam; 3x a week with Organic Chicken Curry, or Fish Kuzhambu, or Auroville Egg Kuzhambu; Home made Pickles

- Rs 3700 per month. Open to Aurovilians, Newcomers, Volunteers with Aurocard and registered Interns.

Reminder! Other monthly lunch schemes:

- Organic Vegetarian South Indian Mini Meal Rs 2,500/-
- Healthy Plate based on AV and organic products Rs 3,700/-
- a half month scheme is also available.

Conscious Catering for your Workshops!

The Cafeteria at Visitors Centre organises organic catering, with choice of South Indian, Korean and Western items.

If you wish to broaden the conscious experience you offer your participants to the realm of food and explore with us the different possibilities we offer, please contact us:

For enquiries or registration

- cafeteriaavc@auroville.org.in, 9043004919 WA Lee

GAS BOTTLE SERVICE

For Indane gas users:

- Customers with one cylinder will need to wait 21 days for the next refill.
- Customers with two cylinders will need to wait 30 days for the next refill.

Thank you all for your cooperation and support.

In the meantime, we kindly suggest using an induction cooktop as an alternative if possible.

Velu or Auroville Gas Service

PT PURCHASING SERVICE OPENING HOURS

- Shop: 8am—7pm, Monday to Saturday
- Canteen: 8am—3pm

Vishnu

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.



Pavithra

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.

- Our prices are 20 to 200 only inclusive all taxes

Come and enjoy!

Parthasarathy Krishnan

GOYO KOREAN SILENT RESTAURANT



@ Luminosity Auroville, book one day in advance

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

+91 9489693809, goyo@auroville.org.in, Won Ja

THE SPROUT CAFE & RESTAURANT



Nourishing body and soul,
freshly made, daily at The Sprout.

Mon - Sat 7:00 - 16:00
www.thesprout.in

Monica for The Sprout team,
www.thesprout.in

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

The Cafe serves South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe. The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants. In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

From Mass Bulletin



TASTE OF YOGA: VEGAN CAFÉ



Verité
Integral Learning Center
VEGAN CAFÉ

TASTE OF YOGA
Raw | Gluten-free | No added sugar

Mon to Sat
08:30 - 16:30



Open Monday—Saturday, 8:30am—4:30pm

@ Verité Integral Learning Center

Taste of Yoga, the vegan café @ Verité Integral Learning Center, invites you to slow down and enjoy a moment of nourishment in a calm, welcoming space. We offer wholesome breakfasts, light lunches, and healthful snacks made with high-quality ingredients—many prepared in-house and some harvested from our kitchen garden. Each dish is thoughtfully created to support your body, mind, and well-being.

Submitted by Hon

SUDHA'S KITCHEN!

Healthy Plate monthly scheme
for Aurovilian Volunteers & Guests

- **Special Offer:** Aurovilians get 20% discount
- **Group Bookings Welcome**

Contacts: +91 8608123072 WA, +91 4133509884

Come enjoy delicious, nourishing food in a warm place with beautiful trees surrounded!

Arun

NATURELLEMENT GARDEN CAFE

50% discount scheme on Thursdays

Open 9am—8pm, Tuesdays closed

The busy season is over and we are happy to restart our 50% discount scheme on Thursdays for Aurovilians, Newcomers and volunteers from April onwards.

*Martina
for Naturellement team*

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria,
7:30—10am

Variety of Dosa,
Millets Pongal,
Coffee
Rs.99

*Submitted
by Shiva*



POUR TOUS WATER FREE SERVICE

Pour Tous Water provides free service to the Aurovillians as part of the prosperity vision (service for all). This free labor service is supported through city services budget.



The parts & material costs need to be paid directly by the Aurovillians to the supplier as follow:

- NEFT through financial service or Gpay.
- Post completion of the work you will receive payment details through the PTW office.
- Hard copy of the material bill from supplier shall be sent thereafter.

For the work, please contact us at Pour Tous Water office numbers: 2622899, 9843644308 WA and Call

- ptw@auroville.org.in

Please note:

- **Do not give any cash to any team member** of PTW. We request to avoid calling our workers directly on their contact numbers.

*Danny, Grace
for Pour Tous Water team*

KIM SCHEME UPDATE

We are excited to announce that we have included more e-cycles to expand the KIM scheme for Aurovillian and Newcomers. Members who have already registered and are on our waiting list can now come and collect their e-cycles.



In addition, we have reopened the registration for the KIM scheme. If you want to join and contribute to sustainable transportation in Auroville, you can now register online through the KIM website <https://app.kinisi.in/kim/>

Thank you for your continued support of our efforts to promote sustainable transportation in Auroville.

Debo

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee
 - 9443372418/ WA 9092637055
 - or email govindaraj@auroville.org.in
- for any of your requirements. Upgrade to electric transport and solar power.

*Govindaraj & B
for Qutee Electric Scooter Service*



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Shared Transport Service

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.

- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256

◦ its@auroville.org.in

Rajesh.D





SUNRISE TAXI SERVICE
A Unit of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in



ABACUS ACCOUNTING

New Financial Year 2026—27

Greetings and Support from Abacus Accounting

On the occasion of the commencement of the new financial year 2026—27, we extend our best wishes to all units for a successful and productive year ahead.

We would like to inform you that Abacus will provide comprehensive support across the following areas:

- Accounts and Bookkeeping
- EPF, ESI, GST and TDS compliance
- Individual Income Tax Return filing
- PAN-related services
- Tally and Zoho training, along with regular follow-up support
- Ongoing operational support with a focus on strengthening administrative processes through Standard Operating Procedures (SOPs)
- Taking up accounts and compliance support for Non-Auroville entities, including externally registered companies

Units interested in availing our services or seeking support are kindly requested to get in touch with us. We will review your requirements and extend the necessary support in a structured and timely manner. Should you require any assistance or clarification, please do not hesitate to contact us. We look forward to your association.

- Saracon Campus, Kottakarai
- 9894442349, 0413 2622962
- abacus@auroville.org.in / abacus962@gmail.com

Prabhu for Abacus Accounting

PRAKRIT



not just a **Furniture company**

We Design
Produce & Manage your wood works



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs: surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, lyappan

TREE CARE SERVICES

Regular tree maintenance is essential for ensuring safety, health, and longevity. Over time, trees can develop deadwood, structural weaknesses, or imbalanced growth that increases the risk of branch failure, especially during storms or high winds.



TREE CARE
Arboricultural technicians
+919042059890
+919159843579 | +918940188350
Kriya, Auroville, TN - 605101
treecareindia.com

Routine inspections and pruning help identify and address these issues early, reducing hazards and costly interventions later. Proper maintenance also improves air circulation, light penetration, and overall vitality, enabling trees to better withstand environmental stress such as heat and drought.

Investing in regular tree care not only protects people and property but also supports a healthier, more resilient urban landscape.

- Monday to Saturday, 8am—4pm
- 9159843579 Emergency tree work
- office@treecareindia.com:
Consultations, tree inspections & pruning

Jonas



inside india
DREAMS & MEMORIES

Inside India Timings

- Inside India is open for your next journey **Monday to Friday, 10am—5pm** at our Office in Kalpana Community (Opp. Auroville Library)
- We are open the second & fourth Saturdays of each month
- For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.

Shaheen for Inside India Team

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.

Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1

Balaji & Arun

SARVAM COMPUTERS offers reliable service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.

- Utsav Phase—1A, First Floor, Vérité Radial, Auroville
- 0413 2622050, 9443211891, 9786953603
- FS account: 251263,
sarvamcomputers@auroville.org.in



Bala

AVDZINES

@ Mangalam campus,
near Wellpaper & Bamboo Centre

You are also welcome to send your job via email and WA

- **Working Hours:** 9am—12:30pm & 2—5pm
- **Type of jobs that can be given:**
Printing, Layout designing, Passport Photos, Package designing & Manufacturing, Photo framing & Lamination, All kinds of boxes & paper bags and Screen printing.
- For **big works** we can deliver to your place. Please come over and support it.

avdzines@auroville.org.in, avdzines@gmail.com

9443459063 WA, Guna for AVDzines

Classes, Workshops & Healing Arts

MINDFULNESS WITH HELEN IN MAY

The sessions below are guided by Helen, a qualified Mindfulness teacher certified in Trauma Sensitive Mindfulness.

Helen also offers one-on-one sessions and private group sessions in person and online on request.

- For details & bookings:
7094753054 WA or visit innersightav.org

Introduction to Mindfulness workshop

- **Saturday, 9 May, 3—5pm**

Discover how to find inner calm in the chaos of everyday life. Learn simple techniques to steady the mind and connect with presence, clarity, and joy.

This workshop is perfect for anyone wanting a calmer, more present way of being, or a deeper understanding of what mindfulness is.



Mindfulness Kindfulness—Mini-retreat

- **Saturday, 16 May, 9:30am—12:30pm**
- and online Sunday, 24 May 2:30—4:30pm

This mini-retreat weaves together mindfulness & kindness practices, creating a tender pathway to self-compassion & opening our hearts.

Everyone is warmly welcomed. Participants can choose to sit on a cushion, mat or chair & will hold silence throughout the retreat to allow inner deepening.



Mindfulness Based Stress Reduction 1-week course

- **Monday, 25 to Saturday, 30 May**
- 7:30am—9:30am, Monday—Friday
and 9:30am—4pm, Saturday

This evidence-based course blends ancient mindfulness practices with neuroscience research. It offers practical tools to work with stress, anxiety, burn-out, physical & emotional pain whilst building resilience, focus & presence.



It supports those facing work pressure, relationship struggles & health concerns as well as those wanting to see deeper into their patterns, mind & true nature. Suitable for beginners as well as those looking to deepen their practice.

Helen

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring.

Working from Monday to Saturday only by
appointment call or WA: 9443635114.

Meha for Auromode SPA



COMPASSIONATE COMMUNICATION

Practice Sessions

Tuesdays, 5, 12, 19 & 26 May, 5:30—7:30pm

@ Naturellement Garden Cafe (AC room)

Four experiential practice sessions—based on principles of Nonviolent Communication (NVC)—to bring your awareness and competency to the next level. A powerful process for deepening connection—with yourself and others. We will explore the concepts and skills through exercises and role plays.

- Listen with empathy
- Recognise and speak from your underlying needs
- Express yourself honestly without blame or judgment
- Build a foundation for more compassionate and authentic relationships

Inquiry & contact:

- 9159856148 WA
- [Registration link](#)

Honor

LONELINESS LISTENING CIRCLE



Thursdays, 7, 21 May, 4, 18 June, 6—8pm

Most of us share the experience of coming to Auroville because we could not fit into the old culture and values. Our aspirations, joy, and pain were not seen, heard, understood, or valued enough, which created a sense of loneliness. This sense of loneliness can stay within us, often without our awareness, even after coming to Auroville, and may limit the way we live here.

Loneliness can be present even when one has friends, relationships, or spends a lot of time with people, if one is not seen and heard for who they are and what they are experiencing. Often, it remains unspoken and quietly carried.

This listening circle intends to create a space for authentic human connection through sharing without the fear of being judged, and through pure listening without thinking of a reply.

All participants are required to consent to a confidentiality agreement before joining the circle.

No contribution is expected; you may offer a donation for the hall if you can. Guests are also welcome to join the circle.

- [Register here before 5pm on the day of the circle:](#)

Raamkumar, 9943211101

VIPASSANA GROUP SIT

Every Sunday, 9am—12pm

@ Udavi school, near tank, Edayanchavadi

Dear Meditators, you are all very welcome to the weekly half-day Vipassana meditation course for “old students” **only** (meaning for those who have completed at least one 10-day course as taught by SN Goenka).

- First building to the left near the parking. [Location](#). No registration is required.

You can come for the whole course or just drop in for some time whenever you want. Please keep your cell phones off or in airplane mode for the duration of the course.

8807434864, Laure



IMPROVISATION, VOICE, MOVEMENT

& Self-Awareness

Starting 4 May @ CRIPA

Monday, 2—4pm and Wednesday, 2—5pm



A process-based training inviting self-discovery, sincerity, creativity, authentic expression and embodiment.

No fixed method/approach but a flexible process of discovery adaptive to each participant's journey, rooted in self-inquiry & awareness, learning through experience, reflection & collaboration. A space to experiment, fail, and discover.

It involves public speaking fundamentals, voice & movement practices, improvisation & scene creation, listening & body intuition, monologue work, reading and reflecting on Mother and Sri Aurobindo's texts, journaling & reflection.

Develops your confidence & stage presence, voice, breath & body awareness, emotional flexibility, authentic expression

For who? Those who thirst for progress, those seeking and interested in self-discovery.

Facilitator: Misha (Mike)

For queries: misha@auroville.org.in

Misha

LEELA THERAPY

This therapy is for those ready to receive loving and skilful support in addressing personal challenges and discover their own resources of confidence, creativity, power, intelligence and self-love.



Offered by Kardash, whose training has been based on the wisdom and techniques of:

- Ericksonian Clinical hypnotherapy
- Neurolinguistic programming (NLP)
- The Enneagram of Character Fixation
- Nondual insights for ego transcendence

Leela therapy is a unique combination of true support for waking up from ego, and trauma informed private therapy.

- Meetings can be in-person in Auroville or online.
- For more details see www.innersightav.org or +91 9940934875 WA

Kardash

CLOWN & PRESENCE WORKSHOP

Mondays, 2—6pm, @ CRIPA, Small hall

We are happy to invite you to Clown & Presence workshop

We will explore games and techniques drawn from Clown training, physical theater and vocal research.

Our focus will be on developing intuition, deepening body awareness as a channel for expression and communication, and cultivating presence through active listening.

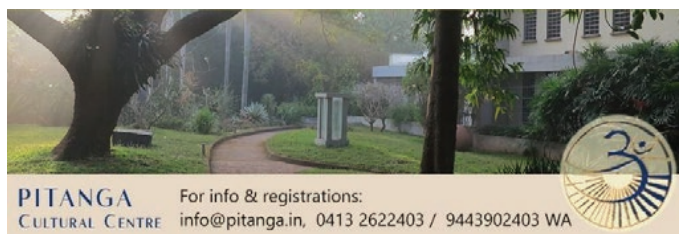
Through collective and individual play we will learn to embrace spontaneity, expressing emotions with authenticity, and reveal our unique essence.

- Further info misha@auroville.org.in

Mike



PITANGA CULTURAL CENTRE MAY



Holiday closure:

Pitanga will remain closed to the public on Friday, 1 May, for May Day

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	NEW Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Doing No-Thing Consciously	4:15—5:15pm	Mike
	Iyengar Yoga	5—6:30pm	Olesya
Tuesday	Yoga: Restore & Relax	5—6:30pm	Florina
Wednesday	NEW Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8—9:30am	Gala
	Dynamic Yoga Flow	5:30—7pm	Florina
Thursday	Iyengar Yoga	7—8:15am	Olesya
	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Iyengar Yoga	5—6:30pm	Olesya
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former “The Art of Living” course participants,	6:45—8:15am	François & Namrita
	NEW Sivananda Hatha Yoga	7:30—9am	Nikki
	Yoga Therapy	8:15—9:45am	Gala
	Dynamic Yoga Flow	5—7pm	Florina
Saturday	Iyengar Yoga	7—8:15am	Olesya
	Breathing & Mudras	8—9:30am	Gala
	Truth Based Relationships, practical sessions—not on 02/05/26	2:30—4:30pm	Juan Andres
	Iyengar Yoga	5—6:30pm	Olesya

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine), Chiropractic
Auromira	Shamanic Healing
Francesca F	Antigymnastique®
Gaspard	Sound Healing Therapy with Singing Bowls
Heidi S	Acupuncture
Olesya	Visceral Massage
	Neurology Massage
	Psychosomatic of diseases
	Women’s Health Therapy

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults/families	3—5pm	Gala

New Activities

Sivananda Hatha Yoga—with Nikki (Nicola)

- Mondays, Wednesdays & Fridays, 7:30am—9am

Hatha Yoga in the Sivananda lineage—open to all levels. Following a *Prāṇāyāma* session (breathing exercises), the class will move into an invigorating sequence of classical hatha yoga *Āsana* (postures) with emphasis on the breath and on relaxation. We progressively work towards prolonged holding of the postures. In *Śavāsana* (final relaxation) we bring about physical, mental and spiritual relaxation.

Pitanga joins Auroville’s journey toward a cashless economy. Contributions are digital—either by FS account, Auro-card or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team,
2622403/ 9443902403 WA,
info@pitanga.in

WORLD GAME FOR ADULTS AND CHILDREN

“Where contemplation meets playfulness and transformation.”



This is an opportunity to be creative, to be able to express your own individuality and your unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to “know oneself”, this being the core of all learning. Facilitated by Aikya.

- Duration: 1.5 Hour.
- Individual session or together with a good friend.
- Price for 1 person: Rs 1500; for 2 people Rs: 2000
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- Languages: English, Francais, Nederlands.

+919488084952 WA, Aikya

NADIA LABIOD @ ARKA



Submitted by Nadia

VÉRITÉ PROGRAM, MAY

www.verite.in

- 0413 2622045, 2622606
- 9363624083, programming@verite.in,



Classes

Days	Drop-in Classes	Timings	Presenters
Tuesdays	Hatha Yoga in the Sivananda Lineage	7:30—8:30am	Nikki
Wednesdays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Somatic Explorations	9:15—10:15am	Radhika
Thursdays	Hatha Yoga in the Sivananda lineage	7:30—8:30am	Nikki
	Yoga for Back Care	5—6pm	Keshav
Fridays	Yoga Asana: Deep Stretch and Relaxation	7:30—8:30am	Radha
	Slow Vinyasa Yoga	5—6pm	Keshav
Saturdays	Pranayama and Meditation:	7:30—8:30am	Radhika
	Cool Down Pranayama	5—6pm	Mamta

Hatha Yoga in the Sivananda Lineage: Flow With Breath with Nikki

- Tuesdays & Thursdays, 7:30—8:30am

Open to all levels. Following a short *Prāṇāyāma* session (breathing exercises), the class will move into an invigorating sequence of classical *hatha yoga Āsana* (postures) with emphasis on the breath and on relaxation. We progressively work towards prolonged holding of the postures. In *Śavāsana* (final relaxation) we bring about physical, mental and spiritual relaxation—the key experience of yoga.

Yoga Asana: Deep Stretch & Relaxation with Radha

- Wednesdays & Fridays, 7:30—8:30am

Mindful movement to help release tension from the body and mind. We start with Pranayama (breath work), then gently progress to Asana (postures). The dynamic flow of the asana sequences activates the muscles, providing a vigorous, full body stretch while also promoting mental stability. The flow helps build stamina, strength, and flexibility. Each session concludes with Dharana (meditation) and Dhyana (concentration), leaving the practitioner feeling both energized and relaxed. The class is suitable for beginners to advanced level practitioners.

Somatic Explorations: Move Slow, Feel Deep with Radhika

- Wednesdays, 9:15—10:15am

Retrain the nervous system and the body's inner capacity to heal through gentle movements and sensing from within. You will be guided to rediscover moving with ease and self-awareness, reduce unnecessary tension, and improve the quality of movement in daily life. For all bodies and experience levels.

Yoga for Back Care: Gentle Strength with Keshav

- Thursdays, 5—6pm

A therapeutic and accessible class for those with back discomfort or stiffness. With awareness, we focus on lengthening and strengthening the spine, and work with the hips, shoulders and neck to help support the back, release strain and increase mobility.

Slow Vinyasa Yoga: Relaxing Mindful Flow with Keshav

- Fridays, 5—6pm

A mindful, slower-flowing class emphasizing presence, smooth transitions, longer holds, and conscious breathing—supportive for grounding and stress relief.

Pranayama and Meditation: Inner Balance with Radhika

- Saturdays, 7:30—8:30am

You will be guided in breathwork techniques such as Suka, Nadi Shodana and Kapala Bhati as well as meditation, all of which help to develop focus and breath awareness, enabling grounding and re-balancing of the nervous system.

Cool Down Pranayama: Chill From Within with Mamta

- Saturdays, 5—6pm

Beat the summer heat with simple, accessible Yogic practices that involve using your own breath movements to regulate the body's internal temperature. You will learn and practice cooling Pranayamas like Chandra Bhedana, Sheetali & Sheetkari. The session ends with a guided relaxation to help you stay cool in your body & mind.

Therapies:

Pre-registration required

Therapist	Therapies (by appointment only)
Ashok	Acupressure Therapy
	Cupping Therapy
	Deep Tissue Massage Therapy
	Foot Reflexology
	Integrated Deep Tissue Massage & Acupressure Therapy
Mamta	Holistic Face & Neck Massage Therapy
Mila	Biodynamic Craniosacral Therapy
Nikki	Swedish Massage
	Pregnancy Massage
	Postnatal Massage
	Baby Massage
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8—Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Craniosacral Somatic Therapy
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Susan	Heart-Centered Resilience
Veeramani	Physiotherapy & Rehabilitation
Vyshnavi	Aromatherapeutic Massage for Face and Feet
	Energy Healing Reiki
	Holistic Foot Reflexology

Acupressure Therapy with Ashok

This traditional therapy involves applying firm finger pressure or using acupressure tools on specific acupoints along the body's energy pathways (meridians) to stimulate the flow of Qi (life energy).

Cupping Therapy with Ashok

Cupping therapy is an ancient healing technique that some people use to ease pain. A provider places cups on your back, stomach, arms, legs or other parts of your body. A vacuum or suction force inside the cup pulls your skin upward.

Deep Tissue Massage with Ashok

A deep tissue massage is a therapeutic technique using slow, deep strokes and firm pressure to release chronic muscle tension and "adhesions" painful tissue that restrict movement and blood flow.

Foot Reflexology with Ashok

Foot Reflexology is a therapeutic practice that applies gentleness to firm pressure on specific points of the feet that correspond to different organs and systems in the body. This holistic treatment helps stimulate natural healing, improve circulation, release tension, and restore energetic balance. Deeply relaxing and rejuvenating, Foot Reflexology supports overall wellbeing, reduces stress, and promotes harmony between body and mind.

Integrated Deep Tissue Massage & Acupressure Therapy with Ashok

Combining Acupressure and Deep Tissue Massage creates a powerful, holistic therapy that addresses both the energetic and physical aspects of the body. While deep tissue massage breaks down muscle knots and scar tissue, acupressure targets specific meridian points to release blocked energy (Qi), resulting in deeper pain relief, enhanced relaxation, and faster recovery.

Holistic Face & Neck Massage Therapy with Mamta

This is a slow, grounding, and nurturing experience designed to deeply relax the entire body, calm the mind, and rejuvenate the face. The session gently weaves together a range of sensory and therapeutic tools, including neck and shoulder stretches when needed, guided breathwork with slow breathing and gentle humming, and the use of aromatic essential oils. Elements of sound and music further support relaxation, while oil massage is applied along key energetic points and pathways inspired by Ayurvedic Marma points and Traditional Chinese Medicine meridians. Gua Sha combs are also used to enhance circulation and release fascial tension, complemented by lymphatic drainage techniques along lymph nodes and channels to support detoxification and overall balance.

Biodynamic Craniosacral Therapy with Mila

Biodynamic Craniosacral Therapy uses gentle touch to the head to help release tension in the skull, spine and sacrum, freeing energy that can help re-establish integral balance and stimulate the healing capacity of the body.

Food is Medicine: Lifestyle Health Practices Consultation with Parvathi

Personalized guidance in nutrition and lifestyle modifications to support health and well-being. Learn about your body's constitution (Tridosha) and the plants, foods, spices and lifestyle practices that benefit your constitution and help prevent health complications.

Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs with Parvathi

Healing Facial Therapy helps cleanse the facial skin, remove dead cells, boost collagen, reduce wrinkles, treat acne and allow the skin to glow, and feel soft and smooth. The indigenous herbs used are natural products that are selected for your specific skin type.

Head Massage with Hair Care with Parvathi

A relaxing massage to the head and scalp using hair tonic oil. Stimulates blood circulation, helps to condition the hair, strengthen the roots, & relieve stress.

Ayurvedic Massage: Detoxifying & Energy Balancing with Radha

Massage therapy is a core part of Ayurvedic healing, designed to enhance both physical and mental well-being. Using warm herbal oils and specific massage techniques helps the body heal, relieves stress, boosts energy, and promotes deep relaxation. This therapy is not just about relaxation but also aims to rejuvenate the body, improve circulation, flush out toxins, and bring the body's energies into balance, making it beneficial for overall health.

Swedish Massage with Radha

Swedish massage is a relaxing, therapeutic, full-body treatment designed to support overall well-being. It focuses on gently working the muscles and soft tissues throughout the body to promote healing, reduce tension, and create a calming effect on the nervous system. The massage involves smooth, flowing strokes with the use of oil, making it soothing and comfortable. It's a gentle technique suitable for people of all ages and is perfect for restoring balance.

Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage with Raja

A massage that integrates elements from Acupressure (application of pressure on specific points on the body), Deep Tissue (sustained, slow, deep strokes to target the inner layers of muscles and connective tissues) and Heart Healing (a gentle, relaxing technique that improves the delivery of oxygen to the heart).

Heart-Centered Resilience with Susan

Drawing from Heart Math and Positive Psychology, Heart-Centered Resilience offers scientifically validated techniques for regulating our response to life and its stressors. Easily learned, these simple, effective skills can then be deepened through self-practice.

Physiotherapy and Rehabilitation with Veeramani

Providing hands-on treatment for the clients with musculoskeletal problems and teaching corrective exercises to become pain-free and return to their normal life.

Aromatherapeutic Massage for Face and Feet with Vyshnavi

This therapy is a deeply relaxing aromatherapeutic massage focusing on the face and feet. It is a unique integrative treatment that combines the principles of reflexology, marma therapy, lymphatic drainage, breathwork, and aromatherapy. Pure, therapeutic-grade essential oils are carefully selected based on the individual needs of each client. These oils are incorporated throughout the session, used during guided breathwork, applied to the chakras, and blended into massage oils for the face and feet, enhancing both physical and emotional well-being.

Energy Healing Reiki with Vyshnavi

An energy healing technique that promotes physical, emotional, and spiritual well-being by channelling universal life energy through the practitioner's hands. Practitioners gently place "vital energy" flows through the body; a Reiki practitioner gently places their hands on or near the client's body to help guide this energy to stimulate natural healing processes and reduce stress. This non-invasive therapy aims to enhance overall balance and harmony.

Holistic Foot Reflexology with Vyshnavi

Manual pressure is applied to specific "reflex points" of the feet to assist in restoring the flow of life energy to support self-healing. Reflexology increases circulation, brings more oxygen & nutrients to the cells & helps reduce stress, improves digestion & promotes sound sleep.

Craniosacral Somatic Therapy with Radhika

Light touch and clinical somatic guidance to promote deepened internal awareness, enhance nervous system regulation and allow space for postural re-alignment.

Swedish Massage with Nikki

A full-body therapy designed for deep relaxation, stress relief, and improved circulation using oils and long, kneading strokes, percussive techniques, and friction. The massage targets the back, legs, arms, and shoulders to release muscle tension.

Pregnancy Massage with Nikki

A gentle therapeutic massage designed specifically for pregnant women, performed sitting and side-lying to avoid lying flat on the back to prevent pressure on major veins. The therapy focuses on relieving tension in the lower back, hips, shoulders, and legs as well as stimulating particular glands involved in milk production.

Postnatal Massage with Nikki

A specialised therapeutic treatment designed to assist in recovery by reducing swelling, easing muscular tension (especially in the back/shoulders), and promoting emotional well-being. Techniques include lymphatic drainage to reduce fluids, gentle abdominal work to aid uterine contraction, and massage for breastfeeding posture.

Baby Massage with Nikki

A gentle, loving touch therapy for infants involving slow, rhythmic strokes on the baby's body to promote comfort, relaxation, and physical and emotional wellbeing.

Workshops. Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 2 May	Awareness Through the Body: Explorations	9:15am—12pm	Amir
	Introduction to Ayurveda & its Lifestyle	2—4pm	Dr.Geeta
Saturday, 16 May	Panchakarma: Ayurvedic Purification Techniques	2—4pm	Dr.Geeta
Friday, 22 May	Face & Eye Yoga: Face Your Self	3—5:30pm	Mamta

Awareness Through the Body: Explorations with Amir

• Saturday, 2 May, 9:15am—12pm

Explore a variety of themes and objectives from ATB practices. An eclectic practice developed in Auroville for more than 30 years, based on Integral Yoga, ATB facilitates a space for introspection, reconnecting with oneself, nurturing presence and inner discovery.

Introduction to Ayurveda and Its Lifestyle with Dr Geeta

• Saturday, 2 May, 2—4pm

Ayurveda, the ancient Indian medical system, includes Panchakarma, which is a set of five cleansing procedures. Learn the appropriate use of and principles behind these practices, which aim to detoxify, rejuvenate, and restore balance to body, mind, and spirit.

Panchakarma: Ayurvedic Purification Techniques with Dr.Geeta

• Saturday, 16 May, 2—4pm

For human health and healing purposes, Ayurveda has a Panchakarma, which is a set of five cleansing procedures. Through this workshop you will learn about these 5 types of cleansing and purification processes. You will learn about internal cleansing as well as external physical body cleansing.

Face & Eye Yoga: Face Yourself with Mamta

• Friday, 22 May, 3—5:30pm

The physical & mental state of our inner world determines how we experience our outer world, and our sense organs are the tools for each experience we have. Face & Eye Yoga involves simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our organs. In an era of increased screen time, our eye health may be compromised, unless we actively exercise in this area. Eye Yoga uses techniques such as palming, blinking, near & far viewing & candle gazing. You will also learn tips to prevent eye damage caused by screen time.

Hon

ARKA WELLNESS CENTER PROGRAM, MAY

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Pepe	Body Logic, Soft Massage, Deep Tissue Massage Monday to Saturday By appointment, +91 9943410987
Silvana	Cranio-sacral, Lomi Lomi, Kahuna massage, Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English</i> & <i>French</i>	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I Ching oracle - Inner/subpersonalities forces awareness Monday to Sunday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral Reiki healing - Holotropic technique breathwork Monday to Sunday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Dr. Shruti BPT., M.P.T.—Orthopaedics	Physiotherapy, Evidence based practice for: Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care By appointment only, +91 7904769496 auroshruthi@auroville.org.in
Nadia	Naturopathy diet nutrition and psychosomatic Monday to Saturday 9—12 am Appointment only: 9489035457

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, max. stay 3 weeks
- Contact Arka 0413 2623799,
arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680,
ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am By appointment only +91 8012305151/ 9704258709

For any details and queries, you can contact us at

• arka@auroville.org.in, 0413 2623799 **Ramana**

WEEKLY SESSIONS IN VEDIC PHILOSOPHY

Saturdays, 3:30—4:30pm IST

I host a free, weekly live session where we explore one idea from Vedic philosophy and reflect on how it applies to everyday life.



Each week, we take a concept from the Vedas, Gita, Upanishads, Yoga Sutras, or related texts, understand it in simple language, and sit with one small question or practice for the coming days. The sessions are conversational and reflective. About 30 minutes of sharing, followed by quiet reflection or a gentle interactive activity. This free to join.

You can join any week and step away anytime.

If this feels interesting, please register here:

<https://online.allthingsvedic.in/courses/Snippets-of-Hindu-Vedic-Philosophy-by-Vikram-Devatha> **Vikram**

REGULAR YOGA CLASSES

@ **SAIER Conference Hall**

6:45—8am

Suitable for all levels. Join Dev's yoga classes.

- To transform your Physical, Vital & Mental wellbeing
- Support lifestyle disorder & pain management

Our yoga classes:

- Monday: Hatha yoga class
- Tuesday: Dynamic Yoga
- Wednesday: Deep stretches, deep relaxation, OM chant
- Thursday: Intensive Yoga
- Friday: Pranayama (Awareness of breath)

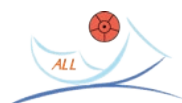
For more details contact 9790171722, Dev

- Aurovilian & Newcomer: Contribution,
- Savi Volunteers: Rs. 200/class or 2000/month &
- Guests: Rs 300/class or 3000/month

Dev

Languages

NEWS FROM AUROVILLE LANGUAGE LAB



Please register through the following contact options

- +91 4132623661,
- +91 9843030355 WA
- info@aurovillelanguagelab.org
- <https://www.aurovillelanguagelab.org/registration>

Language Lab Building Tours with Mita

The Language Lab warmly invites you to discover the Auroville Language Lab building through a guided tour highlighting its thoughtful design and inspiring approach to sustainable, healthy, and conscious construction.

- Every Saturday, 3—3:45pm, by free contribution
- Registration mandatory by Friday, **no drop-ins**: +91 98430 30355
- **Drop-ins**: Also welcome, open to everyone

Come explore this stellar example of mindful architecture and learn more about the vision behind the building. We look forward to welcoming you!

Mandarin Through Conversation

2-Week Immersion Course

Start speaking Mandarin naturally—from your very first class.

- **4—15 May, 10—11:30am, daily, In-person**

Daily Class Structure (1.5 hours)

- First 45 minutes: Watch real-life Mandarin conversation videos
- Next 45 minutes: Live speaking practice with a native Mandarin teacher

Who is this course for? (All levels welcome)

- Beginners who want to start speaking immediately
- Intermediate learners who want to improve fluency
- Advanced learners who want to sound more natural

Teaching Method: Learn by Speaking, Not Memorizing

In this course, you actively speak and shadow the teacher in real time.

You will naturally develop: Accurate pronunciation; Essential vocabulary; Natural sentence patterns and conversation flow.

Instead of learning step by step, you experience the language as a whole—just like real communication. This helps your brain connect sound, meaning, and interaction, leading to faster and more natural speaking.

What You Will Gain

- Confidence in speaking Mandarin from day one
- Improved pronunciation through guided imitation
- Practical, real-life conversation skills
- A natural feel for how Mandarin is used daily

Instructor: Taught by experienced Mandarin educator Sh-iju Hsieh (Taiwan). Focused on immersive speaking and real interaction.

- Limited spots available

Join us and discover how Mandarin can be learned—naturally, actively, and confidently.

English Conversation with Ashwini

Would you like to speak English more confidently in daily life, work, and community conversations? Join our 3-Month English Conversation Course designed to help learners move from basic to advanced conversation skills in a supportive and interactive environment.

- **Starting 18 March**
- **Mondays, Wednesdays & Fridays, 4—5pm**

What You Will Learn:

- Vocabulary building for everyday communication,
- Correct pronunciation
- Simple grammar for daily use
- Public speaking practice
- Interactive activities and role play

This course focuses on practical speaking skills, helping you gain the confidence to communicate clearly and effectively in English.

Improve your confidence and communicate effectively.

New! Dive into French with Isabelle

Intensive 2-Week Course

The very popular course combines one hour of lively conversation sessions with Isabelle with one hour of interactive practice in our Mediatheque. With this balanced approach, you'll gain confidence, fluency, and a deeper understanding of the French language.

- **Classes begin 18 May, 2026** and run Monday to Friday, from 11am to 1pm, for a total of 20 hours (10 hours with the teacher and 10 hours of Mediatheque practice).
- **Spots are very limited**—only five (5) participants will be admitted—so early registration is highly recommended.

Learn Hindi in 24 Hours: Crash course with Ashwini

Would you like to learn essential Hindi for everyday conversations in a short time?

Join our Hindi Crash Course, designed to help beginners quickly gain the basic grammar and communication skills needed to speak Hindi with confidence.

- **Starts 6 April**
- **Mondays, Wednesdays and Fridays, 5—6pm**

Course Highlights

- 24-hour course designed for practical learning
- Join regularly or drop in when possible
- Beginner-friendly sessions
- Focus on grammar and communication skills
- Learn essential Hindi for everyday conversations

This course offers a flexible and accessible way to start speaking Hindi, whether you are new to the language or want to strengthen your basic communication skills.

All students are welcome. Limited spots available.

Tamil Beginner with Saravanan

Equivalent to Saravanan's course, designed for beginners to build spoken Tamil for daily communication.

- **Started 16 February**
- **Mondays & Wednesdays, 5:30—6:30pm**
- 24-hours course over 3 months

Intermediate Tamil Conversation with Saravanan

- **Starting 21 March, Saturdays, 2—4pm**

Spots available! Improve your speaking, listening, and everyday Tamil communication!

Our Tamil Intermediate Class offers a friendly and interactive space for learners who already know basic Tamil and want to develop greater fluency and confidence in conversation.

What You Will Practice

- Real-life conversation practice
- Interactive activities
- Vocabulary building and practical exercises
- Cultural insights into Tamil language and life

This course is designed to help learners strengthen everyday communication skills through engaging discussions, practical exercises, and guided conversation practice.

A welcoming learning environment for students who already know basic Tamil and want to go deeper.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Current Schedule of Classes, 30 April

<https://aurovillelanguagelab.org/current-schedule/>

	Description/ Level/ Teacher	Duration/ Cycle	Time & Day(s) of Classes
English	Beginner Conversation with Ashwini	36-Hours, 3 months, Starting 18 March	4–5pm Monday, Wednesday & Friday
French	Intensive with Isabelle—NEW!	20-hours, 2 weeks Starting 18 May	11am–1pm Monday to Friday
Mandarin Chinese	Survival Conversation with Shiju Hsieh	24-hours 2 Weeks, 4 May	Monday to Friday 10–11:30am
Tamil	Beginner with Saravanan	24-Hour, 3 months, Starting: 16 February	5:30–6:30pm Monday & Wednesday
	Intermediate with Saravanan	24-Hour, 3 months, 17 February	9:30–10:30am, Tuesday & Friday
German	Beginner with Verena	36-Hour, 3 months Starting: 3 March	9–10:30am Tuesday & Friday
Hindi	Beginner with Ashwini	24–Hours, 2 months, Started 6 April	5–6pm Monday, Wednesday & Friday

Private one-on-one classes:

- Possible for all languages; please inquire.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions usually happen weekdays from 5–6pm (barring exceptions) as follows:

- **Mondays:**
 - French, 5—6pm
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Wednesdays:**
 - Sanskrit chanting with Remesh 5:30—6:30pm

Communication with the Lab:

- Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).
- **For language-related matters:** +91 9843030355WA.
- **For Tomatis:**
- please use 0413 3509932.
- [Language Lab Brochure](#)
- **Register now:**
- info@aurovillelanguagelab.org or www.aurovillelanguagelab.org/registration

Mita





CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
4–10 May

Doors open 15 mins before the screening, kindly arrive on time, avoid crossing in front of the screen or using mobile phones inside the theatre. Enjoy the journey!

HD Cine-Club, Monday, 4 May, 8pm
English Vinglish

2012, with Sridevi, Adil Hussain, Mehdi Nebbou, Priya Anand, Navika Kotia, Amitabh Bacchan. Family/ Comedy, 2h 14m. *English Vinglish* is a celebrated Indian comedy-drama that marked the highly anticipated comeback of the legendary actress Sridevi after a 15-year hiatus. It was written and directed by Gauri Shinde. The story follows Shashi Godbole, a quiet and sweet-tempered housewife who lives in Pune. Shashi is a talented cook and runs a small home business making and selling laddoos. The turning point occurs when Shashi travels to New York City alone to help her sister organize her niece's wedding. The climax features a poignant, unrehearsed speech in English during the wedding that leaves her family stunned. And the rest is on the screen! Rating: U

HD Cine-Club, Tuesday 5 May, 8pm
The Chorus (Les choristes)

2004, 1h 37m. German-French-Swiss musical drama film directed by Christophe Barratier. Co-written by Barratier and Philippe Lopes-Curval, it is an adaptation of the 1945 film *A Cage of Nightingales (La Cage aux Rossignols)*. The story is inspired by the origin of the boys' choir the Little Singers of Paris. At the 77th Academy Awards, *The Chorus* was nominated for Best Foreign Language Film and Best Original Song (the latter for "Vois sur ton chemin", listed as "Look to Your Path", composed by Bruno Coulais). The Story: A new teacher at a strict boarding school for "difficult" boys uses music and the creation of a choir to transform their lives. Conveys how the inner spirit is awakened through creative expression and collaboration rather than rigid discipline. Rating: PG-13

HD Cine-Club, Wednesday. 6 May, 8pm
Heidi

2015, 1h 15m. Swiss-German family adventure film directed by Alain Gsponer from a screenplay written by Petra Biondina Volpe, based on the 1881 novel of the same name by Johanna Spyri. Featuring Anuk Steffen, Bruno Ganz, Katharina Schüttler, Quirin Agrippi, Isabelle Ottmann and Anna Schinz. This Swiss-German co-production is perhaps the most vibrant cinematic example of harmony with nature and the innocence of childhood. A story of a young girl who lives in the Swiss Alps with her goat herding grandfather. Rating: U

HD Cine-Club, Thursday, 7 May, 8pm
Portrait of a Garden (Portret van een tuin)

Directed by Rosie Stapel, stars Daan van der Have, Jan Freriks. Duration: 98 min. Though technically a Dutch production, it follows the "Slow Cinema" style of Kiarostami. It documents the patient, selfless work of two elderly men tending to a centuries-old garden.

HD Cine-Club, Saturday, 9 May, 8pm
Planetary

2015, 1h 25m. Directors Guy Reid, Simon Rieber, Steve Watts Kennedy. This film blends NASA Apollo footage with scenes from Himalayan monasteries and modern urban centers like Tokyo to highlight that we are one single organism. One can experience a global, visual, perspective shifting. Rating: U

HD Cine-Club, Sunday, 10 May, 8pm
The Straight Story

1999, Drama/ Road, 1h 52m. Directed by David Lynch, written by John Roach and Mary Sweeney. Starring Richard Farnsworth as Alvin Straight, Sissy Spacek as Rose Straight, Harry Dean Stanton as Lyle Straight, Everett McGill, John Farley, with music by Angelo Badalamenti. This film is a quiet, meditative journey across America. A man travels hundreds of miles on a lawn-mower to reconcile with his estranged brother. Rating: U

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

Submitted by Uma Melin

ECO FILM CLUB

Every Friday @ Sadhana Forest

Schedule of Events

16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 16:30 Tour of Sadhana Forest
 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 20:00 Dinner is served
 21:15 Free bus from Sadhana Forest back to Solar Kitchen
 Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

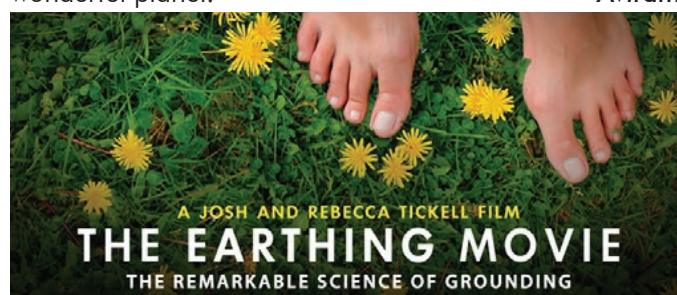
Friday, 1 May

Grounded—The Earthing Movie

2019, 48 minutes, Rebecca and Joshua Tickell

This documentary reveals the scientific phenomenon of how we can heal our bodies by doing the simplest thing that a person can do—standing barefoot on the earth. The Earthing Movement is one of reconnecting people to our wonderful planet.

Aviram



Accessible Auroville Public Bus

 Auroville TO PONDICHERRY			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest House—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35
 Pondicherry TO AUROVILLE			
Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Submitted by Raju, avbus@auroville.org.in

Emergency Services

EMERGENCY SERVICES

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 2910005
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation—9999666555

India Emergency Response Service (24/ 7):

- 108



About N&N

NEWS AND NOTES

Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

AgniJata & Alexey,
NewsAndNotes@auroville.org.in

